



CROW To Host Walk On The Wild Side At Lakes Park

by Jeff Lysiak

With the hopes of increasing awareness about the importance of a harmonious relationship between humans living in Southwest Florida and local wildlife, the Clinic for the Rehabilitation of Wildlife (CROW) will host an “open house-style” event – Walk on the Wild Side – at Lakes Regional Park in Fort Myers on Saturday, August 25 from 10 a.m. to 1 p.m. The family-friendly event is free and open to the public.

According to JoEllen Urasky, CROW operations/business manager, the three-hour gala will include presentations on wildlife-related topics, recycled material craft projects and educational encounters with some of CROW’s animal ambassadors. One of the primary goals of the “friend-raiser” is to teach residents, who live off-island and might not be aware of the wildlife hospital’s purpose, about their work treating sick and injured



Wildlife Rehabilitation Manager Breanna Frankel holding Mina, one of CROW's animal ambassadors

photo courtesy CROW

wildlife, the latest in conservation medicine and why this is important for the health of our ecosystem and our community.

“We’ve held Walk on the Wild Side in the past, but not since 2012, and never before off-island,” said Urasky. “So we

decided that we’d revamp it a little. We found a great space inside Lakes Park and hope it draws a good crowd.”

Sponsored in part by Lee County Parks and Recreation, Walk on the Wild Side activities will include a self-guided walk

around a field, where participants – young and old – will learn fun and interesting facts about local wildlife. After completing the course, participants will fill out a questionnaire for a chance to win small prizes.

Throughout the walk, visitors will stop at stations offering a variety of subjects and activities including:

History – Learn about the 50-year history of CROW, its staff, volunteer and student programs, membership and mission. The exhibit will feature one of the organization’s animal ambassadors and a video chronicling the treatment, rehabilitation and release of several patients. T-shirts and stuffed animals will also be on sale.

Rescues – At the amphitheater area, CROW staff will offer education on a number of successful animal rescues, with special presentations on Southwest Florida owls and turtles.

Tortoises & Turtles – In the pavilion, wildlife experts will discuss the differences between tortoises and turtles, plus a craft activity using recycled materials will be offered.

Pelicans – A member of CROW’s staff will discuss the differences between brown

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Shell Point residents recently crafted and personally delivered handmade onesies to newborns at Golisano Children’s Hospital of Southwest Florida

photo provided

Handmade Onesies Donated

Assisted living residents of Shell Point Retirement Community recently gifted handmade onesies to newborn children at Golisano Children’s

Hospital of Southwest Florida.

“We appreciate when members of our community give back in support of Golisano Children’s Hospital, especially when it is intergenerational,” said Carly Majewski, Golisano Children’s Hospital NICU nurse manager. “To have Shell Point residents spend time decorating

and personalizing these outfits to give to our smallest and most vulnerable patients speaks volumes to their kindness and generosity.”

Golisano Children’s Hospital of Southwest Florida, the only pediatric hospital of its kind located between Tampa and Miami, opened a new building

just over a year ago at Lee Health’s HealthPark Medical Center. The 128-bed, seven-story facility is designed to make children feel like they are in a fun, safe space – rather than an institutional setting. The building is filled with bright colors, activities and interactive stations

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Historic Downtown Fort Myers, Then And Now:

Rayhill To Forrest Hall, Boom-Time Apartments



by Gerri Reaves, PhD

Apartment buildings proliferated in Fort Myers during the 1920s boom. Unlike the town’s traditional boardinghouse hotels, they offered the modern conveniences of a simplified urban life, including private baths, kitchenettes, Murphy beds, and sun porches.

Pictured in these two historic photos is one example, Rayhill Apartments, which opened in 1926. One of Rayhill’s notable modern details was the rooftop solar water tank.

The two-story 12-unit Mediterranean Revivalist style building demonstrates just how up-and-coming Second Street was during that era.

The apartments were located on the south side of Second just east of Park Avenue. Today, that area is the southeast corner of the historic Gardner’s Park neighborhood, which is slated for redevelopment.

Gardner’s Park, according to the redevelopment plan, is bordered by the river to the north, Fowler Street on the west, Park and Evans Avenue on the east and Dr. Martin Luther King, Jr. Boulevard on the south.

In fall of 1925, Arthur “AE” Raymond obtained a construction permit to build a \$38,000 apartment house. Both he and his business partner, Joseph W. Hill (thus the name “Rayhill”), were established Fort Myers businessmen.

Raymond’s Machine Shop, with a specialty in marine supplies and service, boat building and repairs, was located on the City Dock at the foot of Jackson Street in the early 20th century.

One of the historic photos was taken soon after the apartments were constructed; note the lack of mature landscaping. On the photo’s right is the Raymond’s family home.

In the circa-1930 photo, Raymond is pictured (left) with his brother and sister-in-law, Ernest and Helen Burns Raymond. Note that the building has acquired the striped



Details such as the cloche hat, striped awnings and car (left) capture the feel of the boom. Pictured on the west side of the Rayhill Apartments are AE Raymond (left) and his brother and sister-in-law, Ernest and Helen Burns Raymond.

photos courtesy SWFL Florida Historical Society



This photo was taken soon after Rayhill Apartments were built circa 1926 on the south side of Second Street near the foot of Poinsettia Avenue

awnings which adorned so many boom-time structures.

Raymond’s business partner, JW Hill, also dealt in things mechanical. He owned Hill & Company in the 19-teens, one of the town’s first gas stations and garages. It was also the town’s first Ford dealerships.

It was located on Second just west of Fowler, but soon moved to Bay Street and later became Sykes & Hill Co. to add the name of a new partner, Edward H. Sykes. (That dealership moved into a new building at Main and Monroe in 1926, soon evolving into Lee Motors and later Galloway Ford.)

In the late 1950s, Rayhill became Van Apartments, but by 1960 was renamed Forrest Hall, renting efficiencies and one-bedroom apartments.

It closed in late 1980s.

Today, one-way high-speed streets have diminished the natural connection between

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Today, as the Gardner’s Park Redevelopment Strategy proceeds, the former Rayhill site is vacant

photo by Gerri Reaves

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Publisher

Lorin Arundel

Advertising Sales

Bob Petcher

Graphic Arts/ Production

Ann Ziehl, Manager

Amanda Hartman

Justin Wilder

Reporters

Gerri Reaves, PhD

Jeff Lysiak

Contributing Writers

Jennifer Basey

Barbara Cacchione

Kay Casperson

Suzy Cohen

Linda Coin

Marcia Feeney

Ed Frank

Shelley Greggs

Tom Hall

Marion Hauser, MS, RD

Ross Hauser, MD

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Di Saggau

Jeanie Tinch

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Camping is part of the Girl Scout experience

photos provided

Girl Scouts Begin Membership Year With New Badges

Girl Scouts recently announced the release of 30 new badges available exclusively for girls ages 5 to 18 that not only enhance the one-of-a-kind Girl Scout experience, but also address some of society’s most pressing needs. The new badges allow girls to explore a variety of timely themes,

such as cybersecurity, environmental advocacy, mechanical engineering, robotics, computer science and space exploration. In a safe all-girl space, Girl Scouts develop important soft skills, including confidence and perseverance, as well as hard skills, setting them up for success and preparing them to take action for a better world. “Today’s youth are more vocal than ever about the change they want to see,” said Girl Scouts of Gulfcoast Florida CEO Mary Anne Servian. “And Girl Scouts are the most equipped with the skills needed to make a real



Meet new friends at fall recruitment class

impact.” New programming for girls in grades 6 to 12 includes badges for environmental stewardship, robotics and college exploration, with the addition of two curriculum books, *Think Like a Programmer* and *Think Like an Engineer*. Girls in grades kindergarten through fifth grade can now earn badges in environmental stewardship, cybersecurity and space science, and girls in grades 4 and 5 can earn additional badges in mechanical engineering. The new badges and curricula

enhance Girl Scout’s existing program pillars, which include STEM, Outdoor, Life Skills, and Entrepreneurship. Girl Scouts of Gulfcoast Florida, the local Girl Scout council, is holding information events throughout the community, providing an opportunity for parents and girls to learn about all the exciting things Girl Scouts has to offer. Program scholarships are available based on financial need. For an updated list of local events, or for more information about new Girl Scout registration, visit www.gsgcf.org.



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Deborah Teed photo provided

Critical Thinking Series Kicks Off September 6

Florida SouthWestern State College (FSW) kicks off its fall Critical Thinking Lecture Series at the FSW Thomas Edison Campus, Building

AA-177, on Monday, September 6 at 11 a.m.

Dr. Deborah Teed, FSW Dean of the School of Arts, Humanities and Social Sciences, will present *Voices in America: Diversity, Inclusion, and Democracy*. The presentation can also be viewed digitally at the FSW Charlotte Campus, Building O, Room 117; the FSW Collier Campus, Building G, Room 109; and the FSW Hendry/Glades Curtis Center, Building A, Room 114.

Dr. Teed has spent nearly 20 years in higher education, earning her doctorate in comparative sociology from Florida International University. Prior to joining FSW, Dr. Teed served as associate dean of academic affairs and retention at Pasco-Hernando State College and dean of social sciences and business at South Puget Sound Community College.

The FSW Critical Thinking Lecture Series features college and community leaders who discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. The series is free and open to the public. Presentations take place weekly, and the fall series runs September through November.

FSW Thomas Edison Campus is located at 8099 College Parkway in Fort Myers. For more information on the FSW Critical Thinking Lecture Series, contact Whitney Rhyne, director of strategic initiatives, at 433-6943 or whitney.rhyne@fsw.edu.✱



The Lee County Community Band under the direction of Director Richard Bradstreet photo provided

Community Band To Commence 133rd Season

The Lee County Community Band will begin its 133rd season with the first of six monthly concerts at Cape Coral High School on November 11 at 3 p.m.

In keeping with tradition for the season's first concert, Director Richard Bradstreet has selected a program featuring spirited and patriotic American music by American composers and a salute to U.S. military veterans.

Programs typically include a mix of energetic marches, Broadway hits, old favorites, patriotic songs and a sing-along with emcee and vocalist Norman Jones. The November 11 program includes *Big Band Polka*, *Semper Fidelis*, *Syncopated Clock*, *Carousel*, and *The Armed Forces Salute*.

The band will perform six concerts open to the public between November and April. The programs are free of

charge, but donations are accepted. Additional concert dates are December 9, January 13, February 10, March 10 and April 7. The November through March concerts will take place the second Sunday of the month; the April concert is set for the first Sunday of the month.

An institution in Southwest Florida, the band enjoys a large, loyal, and enthusiastic audience at every concert. Plan to arrive early for best choice of seating.

The 50-member adult band rehearses Thursday evenings at St. Michael Lutheran School in Fort Myers; rehearsals usually begin in mid-October. Band members are musicians from all walks of life – career musicians, amateurs and folks renewing skills from years past – who reside in Lee, Collier, and Charlotte Counties. The band welcomes new members every year. Persons interested in joining may phone John Fenn at 454-6430.

Cape Coral High School is located at 2300 Santa Barbara Boulevard in Cape Coral. For more information, visit www.leecountyband.org.✱

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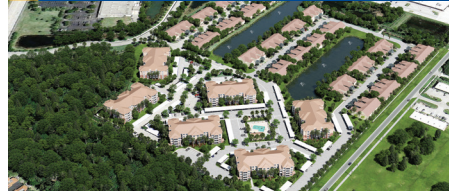
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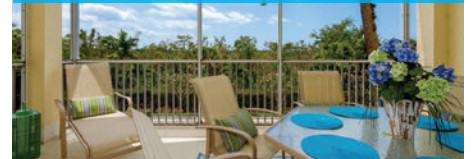
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Fort Myers Art:

City Acquires Downtown Sculptures



by Tom Hall

Following months of negotiations with Columbian sculptor Edgardo Carmona, the City of Fort Myers has acquired the 23-piece installation of “likable characters”

from Cartagena that were first unveiled in the downtown Fort Myers River District in January of 2016 by JAXI Builders to promote its two-tower Allure luxury condominium project. City council members approved the purchase at their August 6 meeting.

While some of the sculptures have stirred their fair share of controversy, most residents, worker and visitors express fondness for the figures, which represent ordinary people not typically featured in modern-day representational sculptures; a simple-minded fisherman, a woman caught in a rainstorm, two drunks on a park bench, men playing chess, a fruit seller, a knife sharpener and others. They represent “the commonality of real people,” said Carmona of his subjects.

The sculptures are now subject to the purview of the city’s public art committee,



One of the 23 sculptures by Edgardo Carmona in the downtown Fort Myers historic district that was recently purchased by the City of Fort Myers photo courtesy www.visitflorida.com

whose first order of business will be to decide whether all 23 pieces should remain where they are or several should be relocated to sites within Fort Myers’ other five wards.

The city’s public art collection dates back to August 17, 1913 when the city accepted Dr. Marshall O. Terry’s donation of a fountain and horse trough honoring his late wife, Tootie McGregor Terry. The city received its second public artwork in 1926 with James D. Newton’s gift of *The Spirit of Fort Myers*, the Grecian maiden, popularly known as *Rachel at the Well*, who has now graced the entrance to Edison Park for more than 92 years.

The city’s collection remained largely static for the next half century, but it experienced a 20-year growth spurt beginning in 1982 when the beautification

advisory board commissioned North Fort Myers sculptor Don J. Wilkins to create a series of new fountains (such as *Uncommon Friends* and *The Florida Panthers*), outdoor sculptures (including the USCT 2d Regiment Memorial in Centennial Park) and indoor busts (that include the Harborside Collection).

With the addition of the 23 Carmona sculptures, the city’s public art collection now exceeds 60 artworks. But only a sculpture known as *What Dreams May Fly and How They Fly* installed by the public art committee in Clemente Park in 2015 is located outside of Ward 4. And that reality has prompted a number of city council members to urge the committee to locate newly-commissioned artworks in the city’s other five wards. It therefore came as no surprise when Ward 2 Councilman Johnny B. Streets, Jr. stated during discussion preceding approval of the Carmona purchase that he’d like to see some of the sculptures moved to sites within the city’s other wards.

The sculptures are well-traveled. Before coming to Fort Myers, the installation completed an 18-city European tour with stops in Italy, Germany and France. One piece was even displayed in front of the Eiffel Tower. The public art committee is expected to consider the possibility of

breaking up the installation or rotating pieces among each of the city’s six wards once a year or more. Cost will be an important factor in the latter regard as each sculpture weighs between 200 and 1,000 pounds.

The committee will also discuss whether to include some or all of the Carmona sculptures on Otocast, a free smartphone app that provides narrative and audio recordings explaining specific artworks to the people who visit, live and work in the River District. Most people who encounter Fort Myers’ outdoor artworks have no idea who made them or what they represent. The city’s public art committee hopes to change that equation with the launch of its free Otocast phone app.

According to urban planners, economists and public art professionals, people who live and work in communities with a vibrant public art program enjoy more than three dozen interrelated benefits from the art that surrounds them. But these salutatory effects are only fully realized to the extent people are able to interact with the artworks on a physical, intellectual and emotional level. Otocast facilitates a deeper connection with public art by letting viewers in on behind-the-scenes stories previously known only to the art insiders who commissioned, made and installed the sculptures, murals and other artworks that dot the urban landscape.

In this context, the committee will now consider whether interaction with the installation will be enhanced or undermined by relocating various pieces to the city’s other wards.

Meetings of the City of Fort Myers Public Art Committee are conducted in the sunshine and are open to the public. They are held on the third Tuesday of each month and begin promptly at 4 p.m. Agendas are posted on the city’s website, which also contains videos of past meetings.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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ArtFest Makes Special Call For Artists

To support ArtFest Fort Myers’ We Are Overflowing, a national juried exhibit of sculptures created from repurposed, discarded and cast off materials, organizers are seeking submissions from artists prior to Friday, September 7.

The launch of this exhibit will feature the work of one artists’ high impact artwork – a piece that instantly conveys the message of “as a country, we are overflowing with trash and recyclables.” This commissioned artwork will be displayed for one month in downtown Fort Myers, opening the weekend of ArtFest Fort Myers 2019 on February 2 and 3, and will serve as an official “announcement” of the upcoming We Are Overflowing 2020 Exhibit, which will include 10 to 12 such re-cycled artworks. The artist proposals (illustration of

concept) must be submitted through www.callforentry.org and must incorporate a recycle dumpster, which will be supplied by the City of Fort Myers. The goal is to begin a conversation about what we dispose of – is it trash, is it recyclable, is its best use repurposing or reuse? This launch artwork will usher in the We Are Overflowing 2020 Exhibit and will receive significant traditional and social media attention, with the artist stipend of \$5,000.

For more information, visit www.callforentry.org and search We Are Overflowing 2019 or call 768-3602.

ArtFest Fort Myers, the annual juried fine art festival, takes place February 1, 2 and 3, 2019 in the Fort Myers River District. Join the experience with 200 artists from across the county and around the world; the largest high school art exhibit and competition in south Florida and free interactive art experiences for children of all ages.

For more information, visit www.artfestfortmyers.com, Facebook, connect on LinkedIn or tag #artfestfm.✧



Refuge ranger Monica Scroggin, left, leading a tour with Immokalee Middle School for its 2018 grant-funded All Creatures Great & Small project photo provided

Teacher Conservation Grants Available

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), with JN "Ding" Darling National Wildlife Refuge, has announced its 13th annual round of teacher conservation grants. Up to \$10,000 in grant awards are available to districts, schools and individual teachers in Lee, Charlotte and Collier counties this school year for conservation education-related projects.

Teachers in the three-county area may apply for grants up to \$1,000 each to fund new classroom science projects, promote stewardship, purchase teaching aids, acquire classroom materials, and conduct work projects in their community or beyond. This year, two grants up to \$3,000 are also available to school- and district-wide projects.

All applicants are invited to submit conservation-related proposals by Friday, October 26. The approved proposals will be awarded this December for projects to

be completed by May 2019.

"Our conservation grants are an important part of the society's mission to educate and create future conservation stewards from our young students of today," said Wendy Kindig, DDWS Environmental Education Committee chair. "This year, we are offering two new \$3,000 grants to encourage larger creative projects that will touch more students. Plus, we still offer \$1,000 grants for teachers with single-class projects or smaller needs."

In the past 12 years, DDWS has granted more than \$80,300 to local schools for environmental projects. The teacher grants are funded by monies received from the DDWS Conservation Education Endowment Fund established by Jay "Ding" Darling's grandson, the late Kip Koss. To make a tax-deductible donation in support of the fund, contact DDWS Executive Director Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.com.

For more grant information and an application, visit www.tinyurl.com/dinggrants or contact Sierra Hoisington at 472-1100 ext. 4 or shois@dingdarlingsociety.org.✱

Toast To Tenacity For Women's Suffrage

Celebrate the 98th anniversary of women's right to vote while making new friends and enjoying an uplifting presentation and refreshments at Toast to Tenacity at the Alliance for the Arts on Sunday, August 26 from 5:30 to 7 p.m. Honor the courageous women (and some men) behind the passage of the 19th Amendment at this event.

Tenacious women from diverse backgrounds persisted for more than 70 years – even went to prison and endured other terrible hardships – before the movement succeeded.

When the 19th Amendment was finally ratified into law on August 26, 1920, suffragists across the nation raised a glass of grape juice – since Prohibition was in effect, they skipped the more potent stuff – to celebrate its passage.

Among the suffragists are many unsung heroes. Hear the whole story, about such heroines as black suffragists Ida B. Wells Barnett and Mary Church Terrell, who were members of Delta Sigma Theta Sorority. Although Elizabeth Cady Stanton and Susan B. Anthony are the names most associated with the movement, they were not alone in their commitment to gender equality.

Join Vision 2020, the Fort Myers Alumnae Chapter of Delta Sigma Theta Sorority, Inc., and Progressive Women of Southwest Florida as they stand together to honor the suffragists of all colors and look to a future of equality with an inspiring program, a grape juice toast, and a wine and cheese reception.

Toast to Tenacity special guest is Lee County Supervisor of Elections Tommy Doyle. Attendance is free, but reservations are requested.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information and to register, visit www.artinlee.org/tenacity.✱

World Premiere At Alliance Theatre Kicks Off Season

Theatre Conspiracy at the Alliance for the Arts kicks off its 25th consecutive season with a world premiere play entitled *Repossessed*, which opened August 16 and runs through Sunday, August 26. Performances are Thursdays, Fridays and Saturdays with a new 7:30 p.m. start time and Sunday matinees at 2 p.m.

Repossessed by Greg Lam and directed by Stephen Hooper stars Rachel Burtram, Brendan Powers, Lauren Drexler, Joanna Haley, Tamicka Linstead and Patrick Day. The production is the winner of Theatre Conspiracy's 19th annual Janet and Bruce Bunch New Play Contest.

What would happen to our world if anyone could choose to remix and rewrite their memories and personalities? Rich and Gretchen seem to have the ideal marriage, until they learn that it was manufactured by a mysterious biotech company which installed it into their brains. Because they can no longer afford this service,

the company must repossess their lives. *Repossessed* explores questions of morality and authenticity amidst a world of rapidly changing technology and the ethics that come with it.

"Greg has created a piece of theatre that will generate conversations about who we are and who should be able to alter those traits that make us," said artistic producing director Bill Taylor. "The show is well written and moves quickly. Our audiences will enjoy this world premiere experience."

There will be a talk-back with Lam and Taylor after the Saturday, August 18 performance. Talkbacks allow the audience to ask questions and express their thoughts and ideas on issues revealed in the play through the form of meaningful discussion. The opportunity is included with ticket purchase.

For theatregoers who are blind, or have moderate to severe vision loss, an audio described performance will take place during the Sunday, August 26 matinee. Call 239-939-2787 to reserve.

Theatre lovers can save up to \$42 with a season subscription. Season subscriptions range from \$115 per person for five shows to \$140 per person for all seven shows. Individual tickets to each show are \$26, \$11 for

continued on page 16

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Along The River

The **downtown Fort Myers River District** will again be the scene for **Music Walk** this Friday, August 17. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect live jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

Visit www.fortmyersriverdistrictalliance.com to learn more.

There will be a **Captains For Clean Water fundraiser at Millennial Brewing Company** this Friday, August 17 from 5 to 8 p.m.

Ten percent of total beer sales and 100 percent of a silent auction during the evening will be donated directly to the nonprofit organization whose mission is advancing education, awareness and scientifically supported solutions to restore and protect marine ecosystems and way of life for future generations. There will also be a 50/50 raffle, other raffles, vendor table donations and personal donations that will be paid directly to Captains for Clean Water.

Millennial Brewing Company is located at 1811 Royal Palm Avenue in Fort Myers. For more information, call 271-2255.

Three nationally recognized professional comedians will take the stage at **Broadway Palm Dinner Theatre** this Saturday, August 18 when they perform at the 4th annual **Laughter Is the Best Medicine Comedy Night** to benefit SalusCare, Inc.

Professional comedian Michael Palascak



The inventory for Love That Dress! Girls Night Out shopping spree

photo provided

returns for the fourth time and will serve as emcee for the evening as well as perform his stand-up comedy routine. Fellow professional comedians Pat McGann and Dwayne Perkins will also perform.

Tickets are \$150 each, and include heavy hors d'oeuvres, drinks and the show. They may be purchased at www.saluscarecomedyevent.org.

Four local celebrities also will perform a five-minute stand-up routine for event attendees who will "vote" for the best comedic performance. An award also will be presented to the celebrity comic who raises the most money for SalusCare. The local celebrities who will exchange laughs for votes are: Gina Birch, radio-television

personality and wine aficionado; Dr. Michael Martin, Florida Gulf Coast University president; Eric Raddatz, Fort Myers Film Festival founder and *Florida Weekly* presentation editor; and Amy Bennett Williams, *The News-Press* staff writer.

Funds raised at the event will be used to provide SalusCare outpatient psychiatry and therapy to children and adolescents in the area whose families can least afford it.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, contact Vice President of Public Relations Todd Cordisco at 791-1575 or at tcordisco@saluscareflorida.org.

Explore the natural treasures on Fort Myers Beach at a **guided walk along the beachfront at Newton Beach Park** this Tuesday, August 21 at 9 a.m. Participants should meet under the thatched hut for the free beach walk. Wear sunscreen, appropriate clothing, shoes and hats. Weather permitting.

Newton Beach Park is located at 4650 Estero Boulevard on Fort Myers Beach. For more information, call 765-0865 or visit www.moundhouse.org.

PACE Center for Girls, Lee County will host an exclusive **Girls Night Out** shopping experience for fashionistas at its 10th annual Love That Dress! event at **Embassy Suites by Hilton** this Wednesday, August 22 at 6 p.m. Love That Dress! features shopping, music, silent auctions and cocktails, with all

proceeds benefiting PACE programs and services.

To commemorate 10 years, special pricing, along with some other surprises, will be revealed at the event. Tickets are \$30 in advance of the event and \$40 at the door. PACE is also selling VIP passes for \$150, allowing shoppers to enjoy early access to the shopping and exclusive access to the VIP Suite Level, which features private dressing areas, specialty auction items, express check-out and complimentary beverages and hors d'oeuvres.

This year also offers the chance to win a two-year lease for a 2018 Infiniti Q50 2.0t Pure, with only 150 tickets for this prize drawing available at \$100 each in advance of the event. Those interested in purchasing a ticket can do so directly at the Fort Myers Infiniti dealership and will receive a complimentary VIP admission ticket, while supplies last.

Proceeds from Love That Dress! benefit PACE Center for Girls, Lee County, which assists girls ages 11 to 18 who have multiple risk factors impacting their academic achievement, including family income, substance abuse, domestic violence, foster home placement, neglect, grief, incarceration of a family member and physical, emotional or sexual abuse.

To purchase tickets, visit www.lovethatdress.org, email allyson.ross@pacecenter.org or call 425-2366 ext. 2315.

Embassy Suites by Hilton is located at 10450 Corkscrew Commons Drive in Estero. For more information on PACE Center for Girls, Lee County, call 425-2366 or visit www.pacecenter.org/locations/lee.

Poetry, music and visual works have a home at the monthly **Art and Poetry Networking Event**, which will take place next at the **Sidney & Berne Davis Art Center** this Thursday, August 23 at 8 p.m.

Are you an artist or performer? Gulf Coast Leisure (GCL) features artists, musicians, poets, and more. Join in and register to participate in this month's showcase. Cost is \$10 to participate.

Since 2012, GCL has developed nightlife events, summer celebrations and community outreach by collaborating with local nonprofits.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Visit www.gclmovement.com for tickets, artist registration and more information.✱

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International Homeless Animals' Day

Gulf Coast Humane Society will host the International Homeless Animals' Day (IHAD) at Bell Tower Shops on Saturday, August 18 from 6:30 to 8:30 p.m.

The International Society for Animal Rights (ISAR) conceived and commemorated IHAD in 1992. IHAD is a worldwide recognized event observed annually on the third Saturday of August.

Each and every year, more and more animal protection organizations and concerned citizens band together to shed

light on the tragedy of pet overpopulation and the importance of spaying and neutering. IHAD is established as the one day out of the year where people all come together, publicly united in a mission to win the war on pet overpopulation.

GCHS' Spay and Neuter Clinic staff will also be on hand to answer any questions about the importance of fixing pets. Spay or neutering a pet is the most effective tool against the battle of pet overpopulation.

Attendees of the International Homeless Animals Day can decorate a luminary bag and light it in remembrance of the countless animals euthanized due to pet overpopulation.

Bell Tower Shops is located at 13499 South Cleveland Avenue in Fort Myers. For more information, visit www.gulfcoasthumanesociety.org.✱



The volunteers with Neal Communities

Homebuilders Raise Funds At Backpack Event

Neal Communities, Southwest Florida's premier, private homebuilder, recently raised over \$18,000 to support the 19th annual Big Backpack Event, Lee County's biggest back-to-school festival and school supply giveaway, hosted by the Multicultural Centre of Southwest Florida.

On Sunday, July 29, 26 volunteers from Neal Communities helped hand out over 1,600 backpacks to support

photos provided

school children between age 5 and 12 from Lee, Collier and Charlotte counties. This year, a line wrapped around North Fort Myers High School.

This is the third year that Neal Communities' south region, which encompasses Lee and Collier counties, chose to help fund the Big Backpack Event outreach program. In all, Neal Communities has raised over \$52,000, with the generous help of a company donation and donations from trade partners, employees, homeowners, family and friends.

"Every year, our team looks forward to participating in this wonderful community event," said Michael

now for all of us in Southwest Florida to come together. This walk is a chance to bring us all together to celebrate who we are as a community. With this event, we hope to "Fill the Bridge" with people that want to help us change the way the world sees mental illness. Let's show our community that we care about one another and our future, and that we are stronger together. No one should ever have to walk through their toughest day alone," said Vacharee Howard, NAMI Lee, Charlotte and Hendry Counties executive vice president.

Various levels of sponsorship are available for the event including: Kilometer Sponsor, \$250; Supporter, \$500; Bronze, \$1,000; Kick-off Event, \$1,500; Silver, \$2,500; Gold, \$5,000; Major, \$7,500; Presenting, \$10,000; and Premier, \$15,000. Special sponsorship recognition is also available for major donors of goods and services and is dependent on the cash value of the donation. This includes the sponsorship of food and beverages.

On Saturday, September 29, check-in will begin promptly at 6 p.m. and various activities for all ages will take place throughout the evening, including activities for those who wish to participate, but not walk. Fundraising walk teams are also encouraged.

Register for free at NAMIWalks Southwest Florida at www.namilee.org/namiwalks_swfl. For more information about NAMIWalks Southwest Florida or details about donating, volunteering, or becoming a sponsor, visit www.namilee.org.



The crowd during this year's Big Backpack Event

Greenberg, Southwest Florida regional president for Neal Communities. "This event gives the children of our future the tools and confidence they need to start the school year off right, and our team takes great pride in giving back to this much-needed regional organization."

To date, the popular event has

provided more than 32,000 school-aged children in need with free backpacks filled with necessary school supplies. The Multicultural Centre of Southwest Florida's mission is to promote and embrace diversity in the community and support Lee County school children of all cultures start the back-to-school season with confidence and pride.✱

NAMI In Search Of Sponsors For Upcoming Walk

NAMI (National Alliance on Mental Illness) Lee, Charlotte and Hendry Counties invites sponsors to partner with them in an effort to raise awareness and funds for mental health via NAMIWalks Southwest Florida, their first annual 5K walk. The walk will begin at the City of Fort Myers Pier on Saturday, September 29 at 7 p.m. The fundraising goal is \$75,000.

Celebrating its 16th year, NAMIWalks takes place in more than 85 communities across the country to raise money for vital NAMI programs and services that are provided to those in need free of cost. This is the first time it will take place in Southwest Florida, specifically in Fort Myers.

"Mental health disorders are prevalent in today's busy and stress-filled society. We see it, we hear about it, and many of us live it. We have all been affected by mental illness in one form or another. I have known, worked with, as well as had family members and friends who have had to deal with mental illness. Sometimes it was apparent, sometimes hidden, but just because it cannot be seen on the outside doesn't mean that it doesn't hurt those suffering.

"The NAMIWalks has been long overdue and there is no better time than



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Character Development Program Expands

Girls on the Run, a national character development program for girls age 8 to 13, has announced that the Girls on the Run of Collier County council has merged with the Girls on the Run of Southwest Florida council. The merger of these two non-profit organizations has created a stronger council through the combination of resources and leadership.

“We’re excited to unite as one group, so that we can serve even more children at sites throughout Collier, Lee, Charlotte and DeSoto counties,” said Christine McConnelee, executive dDirector for the new Girls on the Run of Southwest Florida. “We’re expanding the number of program sites from 24 in the Spring of 2018 to at least 40 this fall. This added reach and exposure is beneficial for the girls who participate in our program as well as our supporters and sponsors.”

Girls on the Run provides a 10-week character development program led by trained volunteer coaches who guide and mentor girls through a curriculum focused on teamwork, community service and self-respect. The goal of the program is for participants to develop a stronger sense of identity, greater acceptance of themselves and others, and healthier habits through food choic-



Skylar Sturgis and Lianne Martin cross the finish line at the annual Girls on the Run 5k photo provided

es and exercise. Girls on the Run of Southwest Florida will serve at least 432 students in the fall. Nearly 40 percent of these children will receive a full or partial scholarship to participate. The Girls on the Run curriculum is available as a volunteer-led, after-school program at elementary schools, middle schools and centers in Collier, Lee, Charlotte and DeSoto counties. Fall enrollment for most sites will begin in August.

Programming is made possible through the support of the following annual sponsors: United Healthcare, Build, Beverly Brennan, BKS Yoga, Carolina Catering, Dr. Kelly Malinoski, ML Meade, Suzanne Klym and Neopolitan Family. For more information about enrollment, becoming a coach, volunteering, or sponsoring the program, email davina.hartsfield@girlsontherun.org or visit www.gotrswfl.org.

Cape Coral Eatery Supports Clean Water

During August, Gather restaurant at Tarpon Point Marina will donate 100 percent of the proceeds from sales of a special cocktail and summer shandy to Captains for Clean Water, a nonprofit organization dedicated to preserving Southwest Florida waterways. Gather is located within Tarpon Bay Marina property at 5971 Silver King Boulevard in Cape Coral. For more information, visit www.gathercape.com or call 673-9939.

Bonsai Society To Meet At Botanical Garden

The Bonsai Society of Southwest Florida will meet at the Berne Davis Botanical Garden on Saturday, August 18 at 9 a.m. Members will work on finishing and planting on slabs created last month. Society members will also have a “Sale or Swap” table and raffle. The public is invited; admission and parking are free. Advice will be available on trimming and cultivating bonsai trees. Berne Davis Botanical Garden is located at 2166 Virginia Avenue in Fort Myers. For more information, visit www.bonsaiswfl.org.

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambofgodchurch.net, 267-3525.

NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.

CROW Case Of The Week:

Eastern Screech Owl



by Bob Petcher

The eastern screech owl (*Megascops asio*) can be called a master of disguise. The short, stocky bird is more often heard than seen due to its ability to hide well. Many bird watchers know this species of owl from its trilling or whinnying sounds.

Eastern screech owls are either mostly gray or reddish-brown. These colors, coupled with the patterns

of complex bands and spots, provide the owl great camouflage against tree bark, usually when napping at the entrance to its home in a tree cavity.

At CROW, an adult eastern screech owl was admitted to the hospital from Captiva after it was noted to be hopping around and falling on its face. During the intake exam, veterinarians found the owl to have a complete, open fracture of its left humerus with displacement, but no other injuries.

"When describing fractures, there are several components used to assess the severity and determine a prognosis. In this screech owl's case, there was a complete fracture, meaning that the bone was completely broken. This fracture was also a 'simple fracture' in the sense that there are only two pieces, however, the fracture itself was shaped like a spiral which complicated the fixation," said Dr. Kyle Abbott, CROW veterinary intern. "Fractures with multiple pieces are called compound fractures and can be much harder to repair. The other significant thing about this fracture is that it was an 'open fracture,' meaning there were wounds through the skin that led to contamination of the bones. These can be more prone to continued infection, so antibiotics are essential for treatment."



Patient #18-3068 reacts to the photographer's presence

photo by Brian Bohlman

Two days after admittance, CROW medical staff performed surgery to place pins to stabilize the fracture. Before the pins could be placed, the displaced ends of the bones were aligned. Once aligned, an intramedullary (IM) was placed with a single cross pin in each piece of the fractured bone. The proper placement of the pins was confirmed using x-rays. They were held in place with a small tube filled with orthodontic resin. A topical antibiotic cream was applied before non-adherent dressing and bandages were placed around the fixations.

"This surgery was challenging due to the spiral shape of the fracture and because the bones of this screech owl are so small. The surgery went well despite these challenges. A metal pin was placed down the internal shaft of the bone, called an intramedullary pin. This

intramedullary pin aligns the pieces of the bone. After this, more pins were placed in each piece of the bone, called cross pins. These cross pins run perpendicular to the intramedullary pin and prevent rotation of the bone pieces," said Dr. Abbott. "Once these components are placed, they are connected in a rigid fashion outside of the body. There are many materials that can be used for this. In this patient, we used a rubber tube filled with orthodontic cement to connect the cross pins. This is a type of fracture stabilization called an external fixator, which is commonly used in avian patients."

Dr. Abbott said x-rays were also used "after pin placement to confirm the pins are located where they need to be prior to stabilizing everything in place." Yet another set of x-rays was taken to ensure the pieces were aligned for healing. The owl was then fitted with a body wrap to secure its wing against its body.

"The patient is placed in a body wrap for a few days to hold the wing against the body and prevent motion," said Dr. Abbott. "This allows for the soft tissue swelling to reduce and for the wounds in the skin to be kept still while healing. After a few days, the body wrap is removed."

Nearly two weeks after surgery, the patient is undergoing rehabilitation.

Dr. Abbott said, "We will continue to assess this screech owl every few days and perform physical therapy on the wing. Right now, physical therapy is going well. Every other week, x-rays will be taken to ensure healing is appropriate. After a few weeks, the fracture should be stable enough to allow for increased activity. Typically, within a couple months, the fracture has stabilized and the patient has regained the strength necessary to be released."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Red Tide Is Gradually Pushing Out



by Capt.
Matt Mitchell

What a difference a week has made for Pine Island Sound and our surrounding waters. Prevailing southeast winds helped push the stench and floating dead fish out

into the Gulf. Although there are still areas of small dead fish floating on lines in the sound, the water has generally cleaned up. Fishing is far from back to normal and will take at least a few weeks to hopefully fully recover.

I was out on the water for only three charters this week, and it was strange to see almost zero other boats out. Running north at the beginning of the week, we had no problem finding some nonstop mangrove snapper action while targeting deeper structure in the sound. Along with the mangrove snapper, we have also been catching some small gag grouper in these same locations. Water in the northern sound is really clear in places with the bottom being visible in many of locations in up to seven to even eight feet of water.

Unfortunately, I still have been unable to locate any shiners so all of my fishing has been with live shrimp which is something totally new for me during this

time of year. Luckily, for some reason, the live shrimp over the past week have been larger than our usual summer time bait shrimp. Light gear and terminal tackle has been key to catching fish.

As the week progressed, I gradually started working my way back to the south and trying places I had success prior to this red tide. Certain places were really good, while other areas were simply void of any life. Southern Matlacha Pass proved a great area to catch fish while other locations in the southern end of Pine Island Sound remained a dead zone.

Running the whole gulf side of Sanibel and coming back in through Blind Pass one day mid-week, I noticed there were very few floating fish out along the beaches though also no bird or bait activity. Once inside Blind Pass as I moved back into the sound, I did spot several large rafts of threadfin herring, which is a great sign that our water quality in this area is getting a whole lot better. It should only be a matter of time before we are back to the daily shiner fishing we are used to.

Despite the far from normal conditions we have been dealing with, it just feels good to get out and catch some fish with all of the death we have been dealing with. Even though the fishing is not what it should be, my clients have all been happy catching limits of quality mangrove snapper specially when they have had such low expectations after watching the news.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✱



Gag grouper caught while fishing with Capt. Matt Mitchell this week

photo provided

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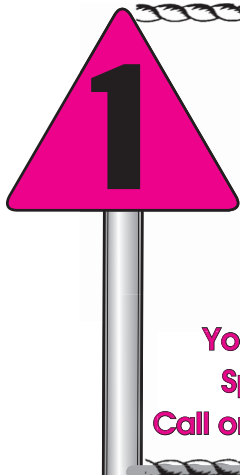
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Dave Doane



Invasive woman's tongue has twice-divided leaves and clusters of fluffy flowers

photos by Gerri Reaves

Plant Smart

Woman's Tongue

by Gerri Reaves

Woman's tongue (*Albizia lebeck*) is a deciduous tree native to tropical Asia and northern Australia.

This member of the pea family was introduced to Florida in 1883 both as an ornamental tree and for agricultural purposes.

Other common names include raom tree, soros-tree and Indian siris tree.

Decades ago, it was used as a shade tree and recommended for the home landscape.

Fast-growing with pretty flowers, it grows as tall as 100 feet. The pale bark is corky and flaky.

The tree escaped cultivation, however, and is now listed by the Florida Exotic Pest Plant Council as a category-I invasive species.

The council describes such species as "altering native plant communities by displacing native species, changing community structures or ecological functions, or hybridizing with natives." The categorization is based on "the documented ecological damage caused."

If this tree is in your landscape, consider replacing it with a suitable native tree.

The alternate leaves are twice compound, or twice divided, and have a feather- or fern-like structure.

They are divided into two to five pairs of pinnae, which in turn are divided into three to 10 pairs of oblong leaflets that are an inch or two long.

The dull green leaves have paler undersides, and the leaflets fold at night.

The tree's ornamental value derives not only from the pretty foliage but from the clusters of showy creamy white or greenish flowers with many long stamens.

Globular, fragrant and fluffy, they appear on stalks near the stem ends.

The tree strongly resembles its pretty relative, mimosa (*Albizia julibrissin*), or silktree, another category-I invasive in Florida. However, the latter has smaller leaflets and pink flowers.

Woman's tongue's odd common name, as well as the alternative name rattlepod, is inspired by the flat papery seed pods, which remain on the tree for months and rattle in the wind when dry.

The narrow oblong pods measure up to a foot long and contain three to 12 flat brown seeds.

In other parts of the world, the tree is used for livestock feed, and the wood is used for a variety of purposes.

In addition to being invasive, this breaks in strong wind and seedlings tend to take over an area.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, www.cabi.org, www.fleppc.org, and plants.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida. ✨



Seed pods that remain on the tree for months rattle in the wind, inspiring another common name, rattlepod, for this member of the pea family



Fast-growing woman's tongue was introduced to Florida in 1883 as an ornamental and for agricultural use

Groups Sought For Scarecrows In The Park Contest

The Lakes Park Enrichment Foundation invites the community to participate in its ninth annual Scarecrows in the Park competition during the Lakes Park Fall Festival, planned for October 12 to 28.

Local businesses, community members, organizations, elementary, middle and high schools, and youth groups such as Scouts and 4-H can join the contest fun by fashioning custom-made scarecrows to be displayed at Lakes Park during the festival.

Proceeds will benefit the Lakes Park Enrichment Foundation, supporting enhancements to the beauty and experience of Lakes Park, including the continued development of the Children's Garden. Prizes will be awarded in multiple categories by a team of celebrity judges at the Scarecrows VIP Party on Saturday, October 13. Fall Festival attendees will vote

for their favorites in the People's Choice competition. People's Choice winners will be announced the last week of the festival.

Foundation board member and fundraising chair Tara Molloy said the Fall Festival is a longtime family favorite that she has watched grow.

"Even last year's event had over 50,000 visitors, which was amazing considering the park had just reopened days before because of Hurricane Irma," Molloy said. "The youth groups and sponsors did an exceptional job, and this year's festival should be even bigger and more exciting."

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers.

Teachers, scout troop leaders, business sponsors, and anyone else interested in participating is encouraged to visit www.lakespark.org or email Foundation Executive Director Erin White at info@lakespark.org. Those who sign up will be placed on a mailing list for Scarecrows-related communications, including official application, sponsor/builder match-ups, deadlines and build schedules as well as and any other related communications. ✨

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Doc Ford's Rum Bar & Grille supports "Ding" Days every year with a sponsorship at the \$5,000 level photos provided

'Ding' Darling Days Returns This October

The 30th annual "Ding" Darling Days birding and eco-festival is scheduled for the weekend of October 12 to 14 at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

New for this year, Cool Kids Zone on Sunday Family Fun Day will provide activities in the Visitor & Education Center, so families can come in to cool off. It will include puppet shows, story and crafts, DIY nature crafts, face-painting and a selfie photo station.

Let's Get Outside Day kicks off the celebration on Friday, October 12 with free admission to Wildlife Drive for cyclists and hikers, and various free and discounted tours and eco-activities.

Conservation Art Day follows on Saturday, October 13 with visits from Federal Duck Stamp and Junior Duck Stamp winners, and nature art workshops.

Family Fun Day culminates the weekend with free activities on Sunday, October 14. It features all-free refuge tours, live wildlife presentations, archery clinics, hot dogs, live music and kids' nature crafts.

"Because of increasing budget cuts and staff reductions, we are shortening this year's eco-festival from one week to three



Family Fun Day tops off the weekend of October 12 to 14 with free activities in and outside of the Visitor & Education Center

weekend days," said Supervisory Refuge Ranger Toni Westland.

The 30th annual "Ding" Darling Days celebrates the birthday of the refuge's namesake, father of the Federal Duck Stamp program and Pulitzer Prize-winning cartoonist, Jay N. "Ding" Darling.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) and Tarpon Bay Explorers, the refuge's recreation concession, co-sponsor "Ding" Darling Days with support from the local community and businesses.

Sponsors to date for the 2018 "Ding" Darling Days include:

Roseate Spoonbill Sponsors – Doc's Ford Sanibel Rum Bar & Grille

Great Egret Sponsors – Jim and Patty Sprinkle

Great Blue Heron Sponsors – Bailey's General Store, Mike and Terry Baldwin, Island Sun, Sanibel Captiva Rotary Club, Sunny Day Guide

Reddish Egret Sponsors – Casa Ybel Resort, Jerry Edelman and Maryanne Daly, The Gresham Family, Mitchell's Sand Castles, Sanibel-Captiva Kiwanis Club

Snowy Egret Sponsors – John Brennan

Visit www.dingdarlingdays.com for updates on events, information on sponsoring "Ding" Darling Days or to sign up for email update bulletins. Contact Sarah Lathrop at 472-1100, ext. 4, or sarah@dingdarlingsociety.org to become a sponsor.*



The James & Barbara Moore Observatory photo provided

Observatory To Open For Season

The James & Barbara Moore Observatory, located on the Florida SouthWestern State College (FSW) Charlotte Campus, opens for the 2018-19 season on

Friday, September 7. Observation sessions are held on the first Friday of each month and begin 30 to 45 minutes after dark, outdoors and weather permitting. Sessions are free and open to the public.

The 2018-19 schedule of observatory viewing sessions is as follows: September 7; October 5; November

2; December 7; January 4, 2019; February 1, 2019; March 1, 2019; April 5, 2019; and May 3, 2019.

Additional observation sessions may be scheduled or changed depending on celestial events.

Florida SouthWestern State College (FSW) Charlotte Campus is located at 26300 Airport Road in Punta Gorda. For more information or for a full schedule of observatory events, call 941-637-3518 or 941-637-5652, or visit www.fsw.edu/charlotte/observatory.*

From page 2

Historic Downtown

Gardner's Park and the main business district.

Park Avenue and Fowler, respectively the north and south-bound ramps for the Edison Bridge, make it tricky to access the area by car, much less as a pedestrian or bicyclist.

One-way Fowler and Second Streets are used by most motorists merely as the fastest route to circumvent historic downtown on the way to somewhere else.

Nevertheless, in the lulls between traffic, the historic neighborhood's quiet coziness can be felt.

Charming bungalows and two-story family homes shaded by venerable old trees remind us of the past that the Gardner's Park Redevelopment Strategy

aims to enhance.

Today the site once occupied by an attractive and busy apartment complex is vacant.

Walk down to Second and Park and imagine it as a leafy residential neighborhood.

Then drop by one of these two research centers to learn more about the apartment-building boom of the 1920s.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

Sources: The Archives of the Southwest Florida Historical Society, the Fort Myers Press, and The News-Press.*

LeeSar/CSF Adds Vice President

LeeSar and Cooperative Services of Florida, Inc. (CSF) have named Jeremy Owens as vice president of supply chain logistics. Owens will be responsible for optimizing the supply chain logistics of the distribution center for the members by creating value through operational efficiencies and cost reduction initiatives. He will initially focus on warehousing, transportation, IT and other supply chain logistics solutions to ensure the service line is properly aligned with the organization's strategic goals as it meets the needs of the members.

"At LeeSar we are deploying strategic imperatives focused on improving member services and reducing costs. To do this effectively, we must have the right talent. Jeremy Owens is an experienced leader that can do the job," said Bob Boswell, president and CEO of LeeSar/CSF. "Jeremy has the education, a well-rounded background, and the type of personality we needed. He is the right fit for the type of leadership team we are building."

Owens brings more than 20 years of healthcare supply chain operations and leadership experience. He has extensive expertise in the areas of operations, contracting, finance, project management and strategic planning. Owens has an established history of data- and analytics-focused development of innovative solutions for reducing costs while improving quality and clinical outcomes.

Since 2006, Owens has been with Steward Health Care (formerly IASIS Healthcare) where he served as the Arizona market director of supply chain and, since 2014, the assistant vice president of supply chain for system. During his tenure, Owens led the facility teams to optimize their supply chain operations, contact utilization, data management and standardization



Jeremy Owens

photo provided

efforts. In addition, Owens worked with Cardinal Health for eight years in a consultant role where he provided operational assessments, transition management and project management for hospital supply chain and pharmacy departments.

Owens is a certified materials and resource professional (CMRP) and is engaged with healthcare organizations including the American Hospital Association (AHA) and the Association for Healthcare Resources and Materials Management (AHRMM).

Owens has a master's degree in business administration with emphasis on health care management from the University of Phoenix.

LeeSar/CSF is currently undergoing a \$20 million expansion. The operation runs 24/7 with a dedicated workforce of more than 500 employees. In 1998, Lee Health and Sarasota Memorial Healthcare System developed LeeSar/CSF as a means to reduce costs for medical goods and services while providing safe, high quality patient care. They have since been joined by Central Florida Health and, most recently, Jupiter Medical Center.*

Workshops On Shore-Based Shark Fishing

The Florida Fish and Wildlife Conservation Commission (FWC) is gathering public input on shore-based shark fishing. Share your thoughts on the future management of this fishery by attending an upcoming public workshop.

Workshops, which begin at 6 p.m., will be held at the following times and locations:

August 20: South Daytona, Piggotte Community Center, Reception Hall Room, 504 Big Tree Road

August 21: Jacksonville, Jacksonville University, J. Henry Gooding Building – Gooding Auditorium, 2800 University Boulevard North

August 27: Melbourne, Hilton Melbourne Rialto Place, 200 Rialto Place

August 28: West Palm Beach, Palm Beach County, Department of Planning, Zoning & Building – The Vista Center, 2300 North Jog Road

August 29: Miami, Miami City Hall – Commission Main Chambers, 3500 Pan American Drive

August 30: Key Colony Beach, City Hall, 600 West Ocean Drive.

If you cannot attend an in-person meeting, submit comments online or view an advance copy of the presentation by visiting www.myfwc.com/saltwatercomments. FWC staff is working on a virtual workshop that should be available online in the near future.

For more details and updates to these meetings, visit www.myfwc.com/fishing (click on Saltwater Fishing, Rulemaking and Workshops.)**

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Book Review

Love And Ruin



by Di Saggau

Paula McLain, the bestselling author of *The Paris Wife* returns to the subject of Ernest Hemingway in *Love and Ruin*. This novel is about his passionate, stormy marriage to Martha Gellhorn,

a fiercely independent, ambitious young woman who would become one of the greatest war correspondents of the 20th century, reporting on virtually every major conflict for 60 years. Even covering the invasion of Panama at the age of 81. Meeting Hemingway was both the best and worst thing that ever happened to Gellhorn.

In 1937, 28-year-old Martha Gellhorn travels alone to Madrid to report on the atrocities of the Spanish Civil War and becomes drawn to the stories of ordinary people caught in the devastating conflict. It's the adventure she's been looking for to prove herself a worthy journalist in a field dominated by men. But she also finds herself, unexpectedly falling in love with Hemingway, a man on his way to becoming a legend. On November 21, 1940 in Cheyenne, Wyoming, she becomes the third Mrs. Hemingway.

Martha is independent and ambitious and her career comes first. She is



image provided

determined not to be an appendage to her famous partner, and her goal is "to live my own life, and not anyone else's." However, it's hard not to be distracted by the presence of a handsome writer at the top of his game. In the shadow of the impending Second World War, and set against the turbulent backdrops of Madrid and Cuba, Martha and Ernest's relationship and their professional careers ignite. I loved reading about Martha's friendship with Eleanor Roosevelt.

When Ernest publishes *For Whom the Bell Tolls*, they are no longer equals and Martha must make a choice: surrender to the confining demands of being a famous man's wife or risk losing Ernest by forging a path as her own woman and writer. It is a dilemma that

could force her to break his heart, and hers. *Love and Ruin* captures Gellhorn as a heroine for the ages: a woman who will risk absolutely everything to find her own voice. I consider this is a great book club read. Mine will discuss it soon.✱

School Smart



by Shelley M. Greggs, NCS

Dear Readers,

Getting a new school year off to a good start can influence children's attitude, confidence and performance both socially and academically.

The transition from summer to school can be difficult for both children and parents. Even children who are eager to return to class must adjust to the greater levels of activity, structure and, for some, pressures associated with school life. The degree of adjustment depends on the child, but parents can help their children (and the rest of the family) manage the increased pace of life by planning ahead, being realistic and maintaining a positive attitude. Here are a few suggestions, from the National Association of School Psychologists, to help ease the transition and promote a successful school experience.

The First Weeks:

Clear your own schedule – To the extent possible, postpone business trips, volunteer meetings and extra projects. You want to be free to help your children acclimate to the school routine and overcome the confusion or anxiety that many children experience at the start of a new school year.

Make lunches the night before school – Older children should help or make their own. Give them the option to buy lunch in school if they prefer and finances permit.

Set alarm clocks – Have school-age children set their own alarm clocks to get up in the morning. Praise them for prompt response to morning schedules and bus pickups.

Leave plenty of extra time – Make sure your children have plenty of time to get up, eat breakfast and get to school. For very young children taking the bus, pin to their shirt or backpack an index card with pertinent information, including their teacher's name and bus number, as well as daytime contact information.

Prepare for after school – Review with your children what to do if they get home after school and you are not there. Be very specific, particularly with young children. Put a note card in their backpack with the name(s) and number(s) of a neighbor who is home during the day as well as a number where you can be reached. If you have not already done so, have your children meet neighbor contacts to reaffirm the backup support personally.

Review your child's schoolbooks

– Talk about what your children will be learning during the year. Share your enthusiasm for the subjects and your confidence in your children's ability to master the content. Reinforce the natural progression of the learning process that occurs over the school year. Learning skills take time and repetition. Encourage your children to be patient, attentive and positive.

Send a brief note to your child's teacher – Let the teachers know that you are interested in getting regular feedback on how and what your children are doing in school. Be sure to attend back-to-school night and introduce yourself to the teachers. Find out how they like to communicate with parents (e.g., through notes, e-mail, or phone calls). Convey a sincere desire to be a partner with your children's teachers to enhance their learning experience.

Familiarize yourself with the other school professionals – Make an effort to find out who in the school or district can be a resource for you and your children. Learn their roles and how best to access their help if you need them. This can include the principal and front office personnel; school psychologist, counselor, and social worker; the reading specialist, speech therapist, and school nurse; and the after-school activities coordinator.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

From page 4

World Premiere

students or \$22 for Alliance members.

Other plays during Theatre Conspiracy's 2018-19 season include *Murderers – A Killer Comedy* from September 27 to 30 and October 4 to 7; *The Elephant Man* from November 8 to 11 and 15 to 18; *The Agitators* from January 17 to 20 and 24 to 27; *Marian, or the True Tale of Robin Hood* from February 7 to 10 and 14 to 17; *Joe Turner's Come and Gone* from March 1 to 2, 7 to 10 and 14 to 17; and *Rancho Mirage* from May 9 to 12 and 16 to 19.

Theatre Conspiracy is located at 10091 McGregor Boulevard in Fort Myers. To purchase tickets or for more information, drop by or call the box office at 939-2787 or visit www.artinlee.org/theatre.✱

Available at
www.AMAZON.COM
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Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Housing Authority Appoints Two Board Members

The Housing Authority of the City of Fort Myers (HACFM) has appointed Meg Geltner and Reverend Dr. Israel Suarez to its board of commissioners.

Appointed by the mayor of the City of Fort Myers, the board serves as the governing officers of HACFM. Through formal adoption of policy, they ensure the authority's purpose and accompanying responsibilities are carried out in as efficient and economical a manner as possible. The seven board members volunteer their services to the authority. Commissioners ensure the authority operates within the law and according to the U.S. Department of Housing and Urban Development regulations.

Geltner is the executive director of the PACE Center for Girls in Fort Myers, a day school program for at-risk middle and high school girls. She is widely recognized as an accomplished leader, respected for her tireless work in Southwest Florida in the areas of human and social services. She has been a pioneer in the social work profession developing programs including residential and outpatient services for rehabilitation, affordable housing and a primary care clinic. She was instrumental in opening the first respite care center for uninsured patients released from acute care in our



Meg Geltner

photos provided

local hospital system.

Geltner also successfully testified before the Judicial Committee in Tallahassee advocating a change to the Good Samaritan Act allowing health care coverage at no charge throughout the state for primary care clinics serving people experiencing homelessness. Her impact on our community has been awarded through recognition in her work leading the fight to reduce intergenerational poverty to include 2012 Winner of *The News Press* Hero of the Year; 2007 The Salvation Army's National Award for best program: Primary Care Clinic and Respite Care Center; 2001 Housing



Dr. Israel Suarez

& Urban Development Continuum of Care Program: Best Practices for Comprehensive and Distinctive Programming; 2010 Bob Janes Triage Center nationally recognized Best Practices Award; and 2004 Governor's Points of Light Award.

Suarez is the founder and CEO of the Nations Association Charities on Palm Beach Boulevard in Fort Myers. Nations Association Charities was founded in 1978 by Suarez to save at-risk youth in Southwest Florida through mentoring programs and education. In 1990, Nations Association was recognized as A Point of Light by President George H W Bush. Through

the years thousands of young people have graduated from the nonprofit's programs learning life skills, personal responsibility and leadership.

Suarez received a bachelor's degree in theology from Logos Bible College and a doctorate from National Evangelistic University. He has served on the board of directors for Florida Gulf Coast University, Lee Memorial Health System, Lee County Mental Health Center, Lee County Private Industry Council and the Lee County American Red Cross. He is a previous commissioner for the Lee County Housing Development and the Housing Authority of the City of Fort Myers. He has been recognized by the Lee County School Board for Outstanding Service to the Children and Citizens of Lee County in 1991; was named Lee County Citizen of the Year in 1993; received the Key to the City of Fort Myers in 1981; and received the United Nations Prayer for Peace Award in 2016.

The HACFM serves as a catalyst for increasing access to safe, affordable housing and to help develop, preserve and revitalize communities through affordable rental housing. The agency is dedicated to empowering families with the means to become as self-sufficient as possible, encouraging and facilitating movement toward financial independence beyond the need for HACFM services, while recognizing the needs and limitations of the mentally and physically disabled, aged and infirmed.

For more information, call 344-3220 or visit www.hacfm.org.*

Planned Giving Council Sets 2018-19 Meetings

The Planned Giving Council of Lee County, Inc, an organization that provides programs presented by expert speakers, symposiums, networking and guidance to professionals involved in all aspects of charitable giving, has announced the 2018-19 luncheon meeting schedule and topics.

It is as follows:

Thursday, September 27 – Ethical Fundraising with Older Adults, sponsored by Cypress Cove

Thursday, October 25 – The Impact of the New Tax Law on Charitable Giving, sponsored by Hughes, Snell & Co., PA

Thursday, November 29 – The Five Voices of Leadership

Wednesday, December 19 – How to Leverage Complex Non-Cash Gifts

Thursday, January 17, 2019 – Family Philanthropy

Thursday, February 28, 2019 – The Positive Power of Humor

Thursday, March 20, 2019 – How to Use Digital Storytelling to Connect with Supporters

Thursday, April 25, 2019 – Cyber Security for Non-Profits and Organizations

Thursday, May 23, 2019 – Impact Giving from the Perspective of the Donor

June 2019 – Annual Symposium

*Planned Giving Council members are

committed to better serving their donors and clients by helping them to make charitable gifts that are well-planned both financially and philanthropically," said Trevor Whitley, president of The Planned Giving Council and partner at Marquis Wealth Management Group. "The Planned Giving Council strives to engage all constituents in the charitable gift planning process: planned giving and major gifts professionals, nonprofit managers and trustees, financial and estate planners, trust managers and administrators."

All meetings are held at The Blue Coyote Business and Social Club, 9854 Caloosa Yacht and Racquet Drive in Fort Myers. The January joint meeting with the Estate Planning Council will be held at Cypress Lake Country Club. Meetings are held from 11:30 a.m. until 1:30 p.m. Networking begins at 11:30 a.m., lunch and program begin at noon. All meetings are free to members. Cost for non-members is \$30 and includes lunch.

Meeting sponsorships are available. Sponsorships allow a business or non-profit to introduce themselves to non-profits, attorneys, CPAs and wealth advisors and distribute brochures and/or promotional items. Sponsors also receive recognition on the Planned Giving Council website, in announcement emails, press releases and social media.

For more information, visit plannedgivinglee.org or call 850-0040. For membership information, visit plannedgivinglee.org/how-to-join. For sponsorship information, visit www.plannedgivinglee.org.*



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Jeff Pigott photo provided

Vice President Of Compliance And Internal Audit

Jeffrey Pigott has joined Lee Health as vice president of compliance and internal audit. In his new role, Pigott is responsible for oversight of regulatory compliance and internal auditing for the health system.

Pigott has more than 20 years of audit, compliance, financial and accounting experience for large

organizations, including health care.

"We're thrilled to bring Jeffrey on board. He brings extensive compliance experience with large organizations and an excellent history of driving performance and accountability within those companies," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

Pigott most recently served as the corporate compliance officer and director of internal audit for Huntsville Hospital Health System in Huntsville, Alabama, where he was responsible for directing the internal audit services, corporate compliance and organizational performance improvement. Huntsville Hospital Health System is the third largest publically owned health system in the nation with more than 1,800 beds and 14,000 employees serving patients in northern Alabama and southern Tennessee.

Before that, Pigott served as audit director for CHAN Healthcare Auditors for clients based in Cincinnati, Ohio and Knoxville, Tennessee. The company provides internal audit services to nonprofit health care organizations; audits more than 20 healthcare networks at nearly 400 U.S. hospitals.

Pigott has a master of business administration from the University of Detroit Mercy in Detroit, Michigan. He is also a certified internal auditor (CIA), certified fraud examiner (CFE), certified in healthcare compliance (CHC) and certified in healthcare privacy compliance (CHPC).*

Financial Focus

Consider These Financial Tips For Single Women



by Jennifer Basey

If you're a single woman, most of your financial challenges and aspirations may resemble those of single men. Men and women face the same economic stress factors of modern life, and

both groups have similar financial goals, such as the ability to retire comfortably. But women still face specific obstacles. You need to be aware of these challenges – and do everything you can to overcome them.

For example, women still face a wage gap. In 2017, women earned 82 percent of what men earned, according to the Pew Research Center. However, the wage gap narrows among younger workers, and may even disappear for highly educated women, especially those in the STEM fields – science, technology, engineering and mathematics.

Another financial concern for women is connected to their role as

caregivers. Women spend an average of 12 years out of the workforce to care for children, elderly relatives and even friends, according to an estimate by the Social Security Administration. Other studies report different figures, but all the evidence points to women being the ones who take time off from work to care for loved ones. This means fewer contributions to Social Security, 401(k)s and other retirement plans.

Faced with these and other issues, what can you do to help yourself move toward your important goals? Consider these steps:

Develop good financial habits – Establishing good financial habits can pay off for you throughout your lifetime. These habits can include maintaining a budget, keeping your debts under control and putting aside some money for a "rainy day."

Take advantage of available opportunities – If you work for an organization that offers a 401(k) or similar plan, contribute as much as you think you can afford. At the very least, put in enough to earn your employer's matching contribution, if one is offered. And every time your salary goes up, increase the amount you invest in your plan. Also, think about opening an IRA, which, like a 401(k), can offer tax-advantaged investment opportunities. If you have children, you'll also want to explore college savings vehicles, such as a 529 plan.

Educate yourself about investing and

Superior Interiors

Complete A Room: Window Treatments



by Marcia Feeney

Using blinds in windows may offer a sense of privacy from the neighborhood, but window treatments can provide extra comfort and bring style and sophistication into a home. Not only

a functional factor, window treatments are an accessory that can completely transform a room, giving it more depth, character and coziness. Window treatments offer the perfect opportunity to express personal style and make a room feel more complete.

Choosing the right option for windows takes time, thought and effort. You can't just throw sheers into any room, and you certainly shouldn't opt for honeycomb shades as your only option around the house. To complete each room with a set of window treatments, one needs to consider each room's theme, purpose, style and level of required privacy. Before dressing windows in any standard option, consider the following in choosing the perfect treatments.

Rushing to the store and purchasing a set of window treatments solely for the way they look is strongly discouraged.

get professional advice – Some people think investing is just too complex and mysterious to be understandable. Yet, with patience and a willingness to learn, you can become quite knowledgeable about how to invest, what you're investing in and what forces affect the investment world. And to help you create an investment strategy that's appropriate for your goals, risk tolerance and time horizon, you may also want to work with a financial professional.

Discuss financial issues with your future spouse – If you get married or remarried, you'll want to discuss financial issues with your new spouse. Specifically, you'll want to answer questions such as these: What assets and debts do each of you bring to the marriage? Do you plan to merge your finances or keep them separate? Are your investment styles compatible? Do you have similar long-term goals? You and your new spouse don't need identical views on every financial topic, but you both need to be willing to work together to advance your common interests.

Ultimately, you have a lot of control over your own financial future. And making informed choices can help make that future a bright one.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Assess all windows in your house and make treatment decisions based on the purpose of each room. All the spaces in a home are meant for something different, and that means you'll need to explore different types of window treatments as well.

For instance, you likely want the bedroom to be dark and dimly lit since it's made for resting, so a set of room-darkening curtains make most sense. A room that thrives off natural light, such as the home office or living room, can use a beautiful set of sheers. In the bathroom, where you need privacy and solitude, honeycomb shades, which block little light but offer total privacy, are a viable option.

The style and color of treatments should complement the room's existing theme. If you're a fan of pattern and texture, this is an opportunity to go wild and make a statement. On the opposite side of the spectrum, choose a neutrally toned set of window treatments to balance the room out.

Keep in mind that you also need to purchase curtain rods and should be mindful of style there, as well. This is a simple task that can make or break your desired outcome.

Choosing a set of window treatments based on the purpose and character of each room in your home seems like a simple task, but it can be difficult to complement your space correctly. Have no fear, you don't have to take care of this statement-making task on your own. A design professional can lend a helping hand.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coinedcnden.com.**

Deadline Nears For Community Business Award

The 24th annual Southwest Florida Blue Chip Community Business Award application deadline is fast approaching. Coordinated and sponsored by McGriff Insurance Services and BB&T Bank, the Blue Chip Community Business Award recognizes successful, small businesses in Lee, Collier, or Charlotte County that have overcome adversity to achieve success. Applications must be submitted by Tuesday, September 4.

Independent judges will pick the honoree once all applications have been collected. Businesses can nominate themselves or be nominated by a third party. To qualify, the for-profit business must have been in operation for at least three years under the same ownership with principal office located in Lee, Collier or Charlotte County, employ five to 400 people and have overcome adversity to achieve success. The award ceremony will take place on Thursday, November 1 from 11 a.m. to 1 p.m. at Hyatt Regency Coconut Point Resort and Spa, 5001 Coconut Road, in Bonita Springs.

To submit an application, contact Stacey Mercado at 433-7189 or smercado@mcgriffinsurance.com.*



Carlos A. Kelly photos provided



Caryn Smith



Helena Dabrowski



Kerri Goldsmith



Marilyn Stout

Slate Of Officers Appointed For 2018-19 Term

The Uncommon Friends Foundation recently held its annual board of directors retreat at Babcock Ranch and named its slate of officers for 2018-19.

Marilyn Stout, Cape Coral City Council member for District 3, was named president; Caryn Smith, CEO

of Driven by Design LLC and Driven to Eat LLC dba Moody River Grill, was named vice president; Kerri Goldsmith, CFP, CRPS, financial planner, HBKS Wealth Advisors, became treasurer; Carlos Kelly, stockholder at Henderson, Franklin, Starnes & Holt, PA, was named secretary; and Helena Dabrowski, director of finance, Sunshine Ace Hardware, became immediate past president.

Twenty-eight board members, foundation staff and meeting facilitators attended the full-day annual retreat held

at The Hatchery at Babcock Ranch to review the past year and make plans for the future. Dr. Eric Dent led the program on ethics. New board members Gary Eskin of Eskin Business Solutions and Jarrett Eady, chairman of the Lee County Black History Society and a director of diversity and inclusion and AVID district director of Lee County Schools, moderated breakout sessions during the day. Craig Randall, PhD, and assistant professor of management at Florida Gulf Coast University, was also assisting with breakout sessions. A

speakers' program is under development to complement the organization's ethics agenda, a mainstay of its mission.

Uncommon Friends Foundation is a 501(c)(3) not-for-profit organization established in 1993 and dedicated to lifelong character building among today's youth and business leaders. It is located at Burroughs Home & Gardens at 2505 First Street in downtown Fort Myers. For more information, visit www.uncommonfriends.org or contact Executive Director Jennifer Nelson at 337-9503.✱

Bonita Chamber Awards Two Scholarships

The Bonita Springs Area Chamber of Commerce Foundation recently announced the two winners of its annual Ralph A. Richardson Scholarship were Elia Angeles and Zachary Clark, both 2018 graduates of Estero High School.

"We are honored to have the opportunity to continue to support our future workforce through scholarships from the Ralph A. Richardson endowment," said Foundation President and CEO Tiffany Esposito. "Our community's future economic success is dependent upon the bright young minds of people like Elia and Zachary, and we are thrilled to support them in their higher education attainment."

Angeles will attend Florida Gulf Coast University in the fall and would like to become a Lee County elementary school teacher upon graduation. In high school, she held leadership roles with JROTC and volunteered her time with both New Horizons and students with special needs.

Clark will attend the University of Florida in the fall and would like to start his own business. He graduated from Estero High School's Cambridge/AICE program, and participated in many student organizations, including the Environmental Club.

To support the chamber foundation's mission, purchase a ticket for the September 12 Stock Your Cellar Wine Tasting Fundraiser at Bonita Bay Club. Event proceeds will support the Bonita Chamber Foundation's programs, and tickets can be purchased by visiting www.bonitaspringschamber.com or by calling 992-2943.✱

Marketing Firm Earns Endorsement

Priority Marketing, a certified Google Partner, recently earned a Google endorsement for mobile advertising, its third company certification awarded through Google Ads (formerly Google AdWords).

The trio of certifications from Google offers independent verification that Priority Marketing possesses expertise in basic and advanced concepts in digital advertising, which includes creating, managing, measuring and optimizing ad campaigns across Google to generate the highest and most qualified conversions for its clients.

"Individually, our digital specialists and web developers have achieved the highest level of industry certifications and specializations, so when you combine their talents into one digital team, we're well-equipped to manage the diverse digital needs of our clients," said Teri Hansen, APR, president and creative director of Priority Marketing. "Technology can be one of our clients' biggest allies, and as the digital world continues to evolve, it's incredibly important that our team stays on top of the latest trends in digital advertising, marketing and design."

Members of Priority Marketing's digital team maintain individual Google certifications in search advertising, mobile advertising, video advertising, display advertising, Google Analytics IQ, mobile sites and digital sales.✱

Last Call For Business Ethics Award Nominations



From left, Dr. Eric Dent, Brian Rist, Samantha Scott and Jennifer Nelson. Scott, president of Pushing the Envelope, Inc., the 2017 Business Ethics Award winner, accepted the award.

photo provided

The Uncommon Friends Foundation is closing nominations for its 2018 Business Ethics Award on Saturday, September 1. Finalists will be announced in advance and honored at a special business ethics luncheon hosted by Florida Gulf Coast University's Lutgert School of Business and the Uncommon Friends Foundation on Tuesday, October 23. The recipient of the Business Ethics Award will be announced at the annual Uncommon Evening on Thursday, November 8 at the historic Burroughs Home & Gardens in Fort Myers.

Companies that have already submitted nominations for 2018 are asked to call 337-9503 and confirm that their nomination has been received and is on file. Businesses in Lee, Charlotte, Collier, Hendry and Glades counties who consistently demonstrate a system-wide commitment to high ethical business practices are eligible to apply. Businesses can nominate themselves or be nominated by a third party. The online nomination form and guidelines are available at www.uncommonfriends.org.✱

Two Thrilling Events For The Ages During The Past Weekend



by Ed Frank

From the Mississippi River to the Land of the Ozarks, and from the shores of Chicago's Lake Michigan to the plains of the Midwest, they are still reverberating from last Sunday's thunderous screaming over two thrilling sports events. If you missed the national telecasts of the 100th PGA Golf Tournament and Sunday night's Chicago Cubs-Washington Nationals baseball game, you missed two long-remembered contests for the ages. Chicago's ancient Wrigley Field – 104 years old – has seen many historic games; Babe Ruth's called home run shot in Game Three of the 1932 World Series, and Gabby Hartnett's "Homer in the Gloamin" in 1938 to mention just a couple.

But rookie David Bote's pinch hit two-out, two-strike grand slam homer in the bottom of the ninth inning to lift the Cubs to a 4-3 win over the Nationals certainly earns him a page in the Chicago Cubs-Wrigley Field history books. Old Wrigley still must be shaking from the sell-out crowd of more than 41,000 that witnessed the historic home run. To find a walk-off grand slam with two outs and two strikes you have to go all the way back to 1988 when Baltimore Catcher Chris Holles did the same thing. But remember, Bote did it as a rookie and a pinch hitter. It's the kind of thing little boys dream of when playing sandlot baseball. Now let's switch 300 miles south of Chicago to the Bellerive Country Club in St Louis, site of last week's 100th PGA Golf Championship. Huge crowds in sweltering heat packed every fairway, and while the muscular, 28-year-old Brooks Koepka dazzled the galleries with his booming drives in winning his third Major title, it was clearly the Tiger Woods show as the fans hooted and hollered his every shot. When Woods drained a long birdie putt on the final hole Sunday to secure a second-place finish, the roar from the tens of thousands lining the fairway and 18th green must have echoed into the hills and valleys far beyond Bellerive. That's not to say that Koepka's march to the title, two strokes better than Tiger, wasn't appreciated by the galleries. But in many ways he appeared to play "second fiddle" to the Tiger show just as

it was in June when he won his second U.S. Open title that was headlined by Phil Mickelson's amateurish antics in stopping a runaway putt from rolling off the 13th green at Shinnecock Golf Club in South Hampton, New York. Koepka became only the fifth player to win the U. S. Open and the PGA in the same year. His 264 total also set a new PGA scoring record. And Tiger's blistering 64 was his lowest final round in any of his majors. As the media has been reporting all week, Tiger is clearly back despite falling just short last Sunday. His five top-10 finishes this year says it all. We should mention that his second-place finish in the PGA earned him a \$1,188,000 paycheck. Koepka pocketed \$1,980,000. There was another important note of history to last week's PGA at Bellerive. It was the site of the WGC American Express Championship in 2001. On the morning of September 11, 2001, many of the pros, including Woods, were playing practice rounds when word spread of the terrorist attacks. The tournament was cancelled and most had to scramble to find transportation home due to the disruption of airline schedules. Many who played this past weekend at Bellerive have lingering memories of that day.*

Golf Benefit For Hope Healthcare

Golf Fore Hope, a golf tournament to benefit Hope Healthcare's Parkinson Program, is scheduled for Saturday, October 13 at The Golf Club at Magnolia Landing, 3501 Avenida Del Vera Boulevard in North Fort Myers. The scramble format tournament will begin with an 8:30 a.m. shotgun start and will include 18 holes of golf. Afterwards, golfers will enjoy a cookout lunch featuring prizes, raffles and more. Cost for individual golfers is \$75 each; four-golfer teams are \$300. The event is limited to 25 teams. "From movement classes and educational events, to support meetings for patients and caregivers, the Hope

Parkinson Program serves an important need in our community," said event coordinator Martin Haas. "Since exercise has proven benefits for those with Parkinsons, this tournament is a great way to exercise and show our support for this amazing organization." Golf Fore Hope is sponsored by entech Business IT Solutions, Dino DeGrande and Alita Parody. For more information on registration and hole sponsorships, contact Martin Haas at 229-1000 or martin@entechus.com. Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.*

Registration Open For Galloway Captiva Triathlon

The annual Galloway Captiva Triathlon will be held Saturday and Sunday, September 15 and 16. The sprint triathlon is held at South Seas Island Resort on Captiva Island. It is a family friendly fitness weekend with more than 850 adults and 225 child competitors. The first day includes children fun races: children ages 6 to 8 and 9 to 10 will complete a 100-yard swim, 1.5-mile bike and .5-mile run, while the age 11 to 13 racers face a 200-yard swim, three-mile bike and a one-mile run. The next day, adults will swim .25 miles, bike 10 miles and run 3.1 miles.

Elite amateur athletes (who posted qualifying times at a USAT sanctioned event) will be sent off first in their own wave. The triathlon, which is sanctioned by USA Triathlon, is organized by Southwest Florida Events. A portion of the proceeds raised at the triathlon will go towards supporting Community Cooperative's Growing Healthy Kids Programs, providing emergency food for more than 6,000 local children and their families each school year with mobile food pantries. The program helps reduce child hunger and improves health and academic outcomes while providing support for Lee County children and families in need. For registration and more information, visit www.captivatri.org or Facebook under Captiva Tri.*

SPORTS QUIZ

1. Ichiro Suzuki became the oldest player since 1900 to start a game in center field (43 years, 246 days) when he did so for the Marlins in 2017. Who had held the post-1900 record?
2. In 1996, two players on the same National League team each hit 40 or more home runs, and each had more homers than walks. Name either player.
3. How many years was it before 2016 that the University of Colorado football team played in a bowl game?
4. Name the first African-American to be inducted into the Basketball Hall of Fame as a player.
5. Since the Presidents' Trophy was created in 1985-86 to recognize the NHL's best regular-season team each year, how many times has the winner gone on to win the Stanley Cup?
6. Which female athlete has won the most medals in the Winter Olympics Games?
7. In 2018, Moriya and Ariya Jutanugarn became the second set of siblings to each win on the LPGA Tour. Who was the first set?

ANSWERS

1. Boston's Rickie Henderson (43 years, 211 days) in 2002. 2. Andres Galarraga and Vinny Castilla of the Colorado Rockies. 3. Nine years (2007). 4. Boston Celtics great Bill Russell, in 1975. 5. Eight times (out of 32). 6. Marit Bjorger of Norway, with 15 medals. 7. Annika and Charlotte Sorenstam, in 2000.



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County Officials Provide Update On Water Quality

Efforts to mitigate water-quality issues throughout Lee County continue under the leadership of the Lee Board of County Commissioners with county staff, contracted vendors and several state entities, including the Florida Department of Environmental Protection, the Florida Fish & Wildlife Conservation Commission and the Florida Department of Health.

At its regularly scheduled August 7 meeting, the board took the following actions:

Voted unanimously to ask for federal resources. The board's resolution urges President Trump to recognize a major disaster exists in Lee County because of the high concentration and prolonged presence of harmful red tide in the Gulf of Mexico and harmful blue-green algal blooms in the Caloosahatchee River and surrounding waters.

Heard from mayors and representatives of the county's six municipalities, who adopted their own State of Local Emergency.

Extended the existing county State of Local Emergency for blue-green algae and issued a second State of Local Emergency for red tide.

The board at its August 21 meeting is anticipated to approve several agenda items that will use Tourist Development Tax reserve funds for beach cleanup and marketing (read more under Coastal update).

Waterway update (blue-green algae):

The county has also created a test program to remove the blue-green algae from some of its most impacted waterways using a \$700,000 grant from the state Department of Environmental Protection. It will remove, process, treat and dispose of harmful algae blooms from select test sites in unincorporated Lee County and affected municipalities, most notably Cape Coral. Lee County has mobilized AECOM, one of the nation's largest construction and engineering firms with expertise in environmental cleanup, under a state contract for emergency cleanup deployments.

Crews recently worked near the Clipper Bay condos in Cape Coral, north of Cape Coral Bridge and just east of Del Prado Boulevard.

The amount of slurry pulled from Lee County waterways as of August 10 totals at an estimated 17 tankers at 5,000 gallons each for a total of 85,000 gallons.

Recovered material will begin processing for disposal this weekend. The material will be processed at the site of the North Lee County Reverse Osmosis Plant.

The algae/water mix collected is tested to assist and verify treatment methods being deployed to meet state-imposed water-quality standards.

This is a pilot program. County

staff is in contact daily with the state DEP and the contractor. We continue to refine the process and evaluate the results.

Coastal update (red tide and red-drift algae):

Lee County Parks & Recreation staff has been cleaning county beaches, parks and boat ramps affected by the red tide fish kill. The county has hired CrowderGulf, a debris-removal contractor, to assist in cleaning the beaches and shorelines, using both on-land and boat operations.

Areas cleaned on land this past week included Boca Grande; Sanibel Causeway Islands; Fort Myers Beach (including Access 40 north to Crescent Beach, Lynn Hall Park and Bowditch Point Park); and Bonita Beach.

Areas cleaned by boat this week included Captiva Island bayside (South Seas to 'Tween Waters); Upper Captiva / Safety Harbor canal; and Pine Island's southern canals in St. James City.

Public fish waste dumpsters remain in place until further notice.

Note: The City of Sanibel, Town of Fort Myers Beach and Captiva Erosion Prevention District continue their clean-up efforts in their areas.

The Lee County Tourist Development Council met Thursday. Actions taken include votes on the following recommendations to the board to approve:

Funding necessary to cover emergency beach clean-up expenses through the end of fiscal year, which ends September 30.

Up to \$1 million for a marketing campaign to launch after current conditions improve.

Purchase of two Surf Rake (\$61,000 each) machines for beach and shoreline cleanup.

Note: All requests would be funded from existing tourist tax funds.

Tallahassee representatives of the Florida Department of Environmental Protection and the Florida Fish & Wildlife Conservation Commission met with Lee County's senior leadership team Wednesday to discuss red tide and blue-green algae.

The Lee County Visitor & Convention Bureau participated in a statewide conference call Thursday with Visit Florida, the Florida Department of Health, Florida Fish & Wildlife Commission and MOTE Marine Laboratory and Aquarium regarding the red tide bloom affecting six counties along the Gulf of Mexico.

VISIT FLORIDA is working with county tourism industry partners, state agencies and other stakeholders to mitigate the red tide's effects from a visitor perspective, and will communicate with visitors when the beaches are clear and back to normal. In addition, VISIT FLORIDA presented an action plan to ensure partners, stakeholders and consumers are armed with updated information as they work together to manage and minimize the impacts of red tide.

For more information, visit www.leegov.com/waterqualityinfo.

Wine Festival Grant To Benefit Grieving Children

Valerie's House has received a second grant in the amount of \$75,000 from the Naples Children & Education Foundation (NCEF) that manages proceeds from the Naples Winter Wine Festival (NWWF).

Valerie's House provides children and their families who have experienced the death of a loved one a safe place to share and experience support with others who are also grieving, while moving through the healing process. The Naples Children & Education Foundation grant funding provides Collier County youth with arts, music and group therapy to help them identify, express and process grief, to become mentally healthy, stable and successful in school and life in addition to focusing on school outreach through the Valerie's House Schools Awareness Program.

"We're again humbled by this great honor and show of confidence from the Naples Children & Education Foundation," said Angela Melvin, CEO and founder of Valerie's House. "This award is going to help us grow our grief support services in Collier County to support additional children near where their families live and work."

The Naples Children & Education Foundation, the founding organization of the Naples Winter Wine Festival, is



Angela Melvin photo provided

improving the educational, emotional, and health outcomes of underprivileged and at-risk children. Through its annual grants and strategic initiatives, NCEF has impacted over 45 of the most effective nonprofits in the community, providing more than 200,000 children with the services and resources they need to excel.

The Naples Winter Wine Festival is one of the world's most prestigious charity wine auctions. Since its inaugural event in 2001, NWWF has raised more than \$176 million, making a profound difference in the lives of thousands of children.✱

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Shell Point's golf instructors hit the course to teach children the fundamentals of the game photos provided

Summer Camp At Shell Point Was Fun For All

More than 40 children, ages 5 to 12, recently attended Shell Point Summer Splash, a weeklong Vacation Bible School program created for the children and grandchildren of Shell Point employees and residents.

A joint effort between Shell Point Retirement Community and The Village Church at Shell Point, this free, five-day summer program was designed to provide children with a fun-filled week of indoor and outdoor recreational activities, Bible lessons and team games.

"This is our first time hosting a Vacation Bible School at Shell Point, and we couldn't be more thankful for all of the wonderful volunteers who helped make it possible," said Laura Slack, director of resident life at Shell Point Retirement Community. "It has

given both residents and campers an opportunity to learn from one another and explore all of the resort-style amenities that surround our community."

Throughout the week, campers were treated to boat rides, nature tours, golf lessons with Shell Point golf professionals, a Sub-Zero ice cream tutorial and obstacle courses. Lee County Sheriff's Department and the Iona-McGregor Fire Department also stopped by for some demonstrations and a chance for the kids to tour the inside of their vehicles.

On the final day of camp, Shell Point residents and employees filled The Village Church for a musical performance and dance routine put on by the children. Clapping hands and cheerful sounds were heard throughout the auditorium as the program came to an end.

"We are already looking forward to next year's summer camp and so are our residents," Slack said. "Shell Point Summer Splash has definitely made waves across campus."✱✱



Campers brushed up on their shuffleboard skills with resident Vicki Waterstradt during a day of outdoor activities and yard games



Shell Point Summer Splash attendees listen during the program



Members of the Iona-McGregor Fire Department gave a demonstration and let campers use the fire hose



Shell Point resident Carol Ashley, left, taught campers dance moves from her days as a professional ballroom dancer



Julian Agollari



Bob Beville



Gary Brooks



Gary Bryant



Michael Collins



Peter Dulac



Wane Herzog



Victoria Loyola

United Way Elects 2018-19 Board Members

Eleven new board members were elected at the recent United Way of Lee, Hendry, Glades, and Okeechobee annual meeting. Joining the existing United Way Board of Directors are the following:

Julian Agollari, Publix
Bob Beville, Waterman Broadcasting
Gary Brooks, Bonita Bay Community
Gary Bryant, I WILL Mentorship Foundation
Michael Collins, Collins Vision
Peter Dulac, Enterprise Holdings

Wane Herzog, Costco
Victoria Loyola, Markham Norton Mosteller Wright & Co.
Scott Nygaard, Lee Health
Dan O'Berski, Trinity Commercial Group

David Oliver, Chico's FAS
All money raised in the United Way Campaign stays in the local community to help support the local human service network. United Way partner agencies and initiatives like Alvin A. Dubin Alzheimer's Resource Center, Children's Advocacy Center, Harry Chapin Food Bank, ACT, LARC, and United Way 211 serve a diverse range of needs in the community, such as nurturing children and youth, strengthening families and meeting critical needs such as helping

the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.



Dr. Scott Nygaard



Dan O'Berski



David Oliver

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$167 million since it was established in 1957. For more information, call United Way at 433-2000 or visit www.unitedwaylee.org.

Haven Of Hope Founder To Climb Mountain

Children growing up without parents in impoverished nations face a challenge as imposing as any mountain. Haven of Hope International founder Alice Skaff plans to climb to the 19,341-foot summit of Mount Kilimanjaro in October to bring awareness to the plight of orphans, raise money for Haven of Hope's partner orphanages and inspire others to undertake their own climb for the "Klimbing for Kids" cause.

"I'm going to make it to the top. I have no doubt," said Skaff, who turned 54 this year. "But as I'm training, I'm just thinking of these kids and the climb that they have just to succeed in life. This is nothing compared to their climb."

An alarming 99.5 percent of children in orphanages around the world are never adopted. Orphanages turn out 10.5 million young adults each year, many without the life and vocational skills they need to survive on their own. Of those 10.5 million, 60 percent return to a life of poverty, and 10 percent take their own life.

Haven of Hope seeks to enhance the impact of orphanages, many of which have struggled to properly care for children, by providing sustainable programs that will meet the complex needs of the children. The nonprofit organization has developed a model at its flagship orphanage in Santa Cruz, Bolivia, that encourages children to "think big, dream bigger" and gives them the tools they need to pursue those dreams.

Now, through the "Klimbing for Kids" initiative, Haven of Hope is focused on answering the call of more than 60 other orphanages that have requested more than the rudimentary aid the organization is



Alice Skaff

photo provided

currently able to give them.

"We want to help other orphanages do more for the kids they serve," Skaff said. "We can't do that unless people get involved and help us raise awareness about the orphan crisis that's going on, and donate to the cause so that we can help these kids."

Skaff has set a goal of raising \$175,000, symbolizing the 175,000 feet of trail she'll need to walk to get to the top of Kilimanjaro. Supporters can donate amounts based on the number of steps they take on walks, hikes or at the gym, and they can share the news of their own "climb" while challenging friends on social media with the hashtag #KlimbingForKids.

Gyms can also get involved by challenging other gyms to see which of them can donate the most steps to Klimbing for Kids. The same goes for companies, church groups and civic clubs.

Sponsorship opportunities and for more information, visit www.havenofhopeintl.org/2018/05/climbing-to-raise-funds.

Health Group Adds Board Member

Hope Healthcare's board of directors recently announced Lori Shaffer, senior vice president at Chico's FAS, as a new board member.

Shaffer joined the company in 1998 and has held numerous leadership roles of increasing responsibility, including director of merchandising and vice president controller. In 2008, she assumed responsibility for the Chico's FAS outlet business and has been instrumental in driving growth of that division.

"Lori's expertise is a great complement to our board," said Hope Healthcare President and CEO Samira K. Beckwith. "We welcome her insights as we remain dedicated to serving the most vulnerable in our community despite decreasing reimbursement and increasing needs."

Shaffer, a Fort Myers resident who also serves on Chico's corporate giving board, joins current Hope Healthcare board members including Noreen DiPlacido, a Florida licensed health care risk manager with nearly 25 years of experience in the medical field; Joe Gammons, principal at Office Furniture & Design Concepts; Tom Giles, founder, president and CEO of Avalon Engineering; Rev. Dr. Tim Halverson, pastor and head of staff at Faith Presbyterian Church in Cape Coral; Larry Hart, tax collector for the state of Florida; West McCann, president, The Naples Trust Company; Sandy Stilwell, owner and CEO of Stilwell Enterprises and Restaurant Group; and Trudi K.



Lori Shaffer

photo provided

Williams, CEO of TKW Consulting.

The board's officers include Chairman Bo Turbeville, vice president of Accent Business Products; Vice-Chair Jerry Nichols, a specialist for Employee Benefits Planning with Brown & Brown Benefits and a Northwestern Mutual Financial Representative; Treasurer Charles Idelson, principal founder of Investors' Security Trust Company; and past Chair Sandy Robinson, former president of Northern Trust's Fort Myers office. The not-for-profit is led by Beckwith, its president and CEO.

Board members serve three-year terms and contribute their expertise, time, talent and resources to advancing Hope's mission of providing exceptional care and support to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.

dearRPharmacist

Unless You Are Allergic, Mangoes Are Magnificent



by Suzy Cohen, RPh

Dear Readers: Mangoes are one of the most popular fruits around the world. The first thing I want you to know is that the peel of the fruit is a common cause for dermatitis for some of you. It contains

the same compound found in poison ivy, oak and sumac which is called urushiol, which the plant uses as its own defense mechanism.

Mango fruit contain many different antioxidants, some of which you might recognize like Vitamin A, Vitamin C, copper, potassium and magnesium. Eating it regularly could provide some protection against a wide range of physiological disorders, infection and pain. Here are some things that mangoes can do to improve your health:

- 1. Reduce Blood Sugar – Researchers fed mice some freeze-dried mango meal, then gave the other half of the mice a medication for diabetes called Rosiglitazone (Avandia). Mangoes worked as well at reducing blood sugar as prescription drugs.
- 2. Reduce Pain and Inflammation – Like most other fruits, mango contains a class of compounds called polyphenols. These are known to be hugely beneficial, particularly for their anti-inflammatory properties. When you reduce inflammation, you naturally reduce pain too.
- 3. Relieve Constipation – Eating more

fiber can make a big difference, and mangoes (like all fruits and vegetables) gives you a jump start on that by providing a lot of natural fiber. But it stands apart from other fruits due to the way mangiferin and other compounds that reduce intestinal inflammation.

A recent study showed that eating one mango each day improved constipation symptoms much more than taking an equivalent amount of dietary fiber.

4. Protect Your GI Tract – Tons of research has focused on the gut microbiome (the mix of bacteria in the gut) in the past few years. We know that probiotics can have a positive influence, but who thinks of mangoes?!

The research I read shows that mice fed a diet rich in mango showed dramatic alterations in their gut bacteria. It helps to normalize your gut flora.

5. Protects Your Brain – Mango leaf extract has even been shown to protect the brain. In mice exposed to cadmium, a toxic heavy metal that causes serious brain damage, mango leaf extract was shown to protect the brain.

If you're not allergic to mangoes, add them to your salads and smoothies. Please be 100 percent sure you are not allergic to this delicious fruit, because again, the skin/peel, stem and leaves impart urushiol, which is also found in poison ivy. It doesn't impact everyone. In fact, I'm not allergic at all to mangoes, but for some, the reaction can cause your lips and tongue, or the skin around your lips and chin, to itch and burn. It can cause full-on anaphylaxis. So I just want you to be warned that mangoes, like many tropical fruits, can cause a problem, and sometimes it's a new onset allergy. If you're not sensitive, enjoy them as often as you can.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

Pilot Program For Degree Seekers

Florida Gulf Coast University is keeping its commitment to offer more educational opportunities for working adults in Charlotte County with the launch of a pilot degree-completion program. The program, known as FGCU Complete, enables people with a year-and-a-half or more of college credit to pursue an FGCU bachelor's degree. The FGCU Complete Charlotte County pilot starts in October. "We are enthusiastic about expanding our presence in Charlotte County and enhancing our service to its citizens," said FGCU President Mike Martin. "The completer program, to be offered in collaboration with Florida SouthWestern State College, will, we believe, meet a real local need while serving as a model for similar applications elsewhere in the region. It could also serve as a platform for offering more comprehensive undergraduate and graduate programs." Three degree programs are part of FGCU Complete: bachelor of arts in integrated studies, bachelor of arts in interdisciplinary entrepreneurship studies, and bachelor of science in resort and hospitality management. "These three degrees are ideally

aligned with Southwest Florida workforce needs. Furthermore, the multidisciplinary approach of these degrees – which combines courses across programs – provides flexibility and adaptability well-suited to adult learners' unique academic and professional needs, making these majors perfect for degree-completion," said Dr. Paul Thornton, executive director of continuing education at FGCU. The Charlotte County pilot courses will be offered in eight-week terms instead of the traditional 16-week semester at FGCU. Beginning in the spring of 2019, FGCU Complete will formally launch across Lee, Collier, Hendry, Charlotte and Glades counties. FGCU Complete is pending approval of The Southern Association of Colleges and Schools Commission on Colleges. "Our overarching objective is to provide adults, especially working adults, a means to expand their horizons and be more productive members of the local workforce," Martin added. Students interested in the Charlotte County pilot program are invited to attend an information session at 5:30 p.m. Wednesday, August 29, in the FGCU Herald County Centre at 117 Herald Court in Punta Gorda. For more information, contact FGCU's Office of Continuing Education at 745-4700 or email fgcucomplete@fgcu.edu.

Doctor and Dietician

Strengthen Your Glutes



by Ross Hauser, MD and Marion Hauser, MS, RD

Did you know your gluteus minimus, medius and maximus are the largest and strongest muscles in your body? They are very important muscles that help with everyday movements, such as sitting, standing, walking, balancing and climbing stairs. Since they are pretty much involved in just about everything we do, keeping them strong is essential.

Strong glutes can decrease your risk of injury to the low back, knee, groin, and hamstrings. Does your low back ache occasionally? The source just may be weak butt muscles causing back strain. Weak glutes can also cause an imbalance in the hip, leading to the abnormal tracking of the kneecap and knee pain. Additionally, weak

glutes contribute to pulled groin and hamstring muscles, as well as poor balance. Do your glutes need some work? Squats are a wonderful exercise to add to your workout for glute strengthening. A few other good glute strengthening exercises include standing or quadruped hip extensions, clamshells, bridges, step ups, hip thrusts, and single-leg stands on a flat surface or a Bosu ball. Demonstrations of these exercises are easily found online or ask a trainer to show you. Pick a few favorites and try two sets of 10 repetitions three to four times a week. Including aerobic exercise in your weekly routine for 30 minutes five days per week helps to strengthen the glutes while burning fat too. Try adding an incline to treadmill workouts for an even greater butt strengthening boost. For athletes, strengthening the glutes helps improve sports performance. But for those who aren't athletes, strong glutes are still very important because they simply make life easier. Want better posture or be able to climb stairs more easily? Try strengthening your glutes. Having strong glute muscles is fundamental for proper execution of so many daily tasks and mobility. *This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.*✽



Shell Point resident David Ammerman decorates a newborn onesie

From page 1

Onesies Donated

for both patients and visitors. The Shell Point project is part of the assisted living Giving Back program series, which connects assisted living residents with ways to participate in community and social involvement



Some of the hand decorated onesies initiatives that benefit local nonprofit organizations. "Few activities offer as much happiness and fulfillment as using our time and efforts to help when needed," said Amanda Pendergast, assisted living activities leader at Shell Point. "Many of our residents have worked with children in the past and were passionate about continuing that admirable work."✽

PETS OF THE WEEK

photos provided

PAWS Of Sanibel

Matilda And Capie

Hi, my name is Matilda. My foster mom calls me Tilly for short. I'm about 11 months old and was lost in the area of East Lake Road, off Casa Ybel late last Friday night, August 3. Some kind people took me in for the remainder of the night. On Saturday morning, the lady from PAWS took me over to Coral Veterinary Clinic in Fort Myers to have them look me over. I have been combo tested (negative), had FVRCP and Rabies immunizations and was treated for fleas. I did not have a microchip. If PAWS can't find my people, I will be available for adoption in about two weeks. If I am your kitty, or you know who my people are, please call Pam at PAWS at



Matilda

472-4823. You can also call if you're interested in meeting me and perhaps giving me a new forever home if my people can't be located.

Hello, I'm Capie. I was just born on June 2, so I'm only 9 weeks old. Some great kids on vacation at South Seas Island Resort on Captiva found me on the side of the road on July 9 and took me to PAWS. I was very tiny back then. I've been going to the vet for checkups and immunizations, etc. I'm now up to 2 pounds, 7 ounces. I'm told that I'm a pretty handsome guy. My fur is kind of blue/gray, and I have interesting eyes and eyebrows. I love to run and chase golf balls and climb on cat trees. I would be very happy if someone would adopt me and take me to my forever home. Call Pam at PAWS at 472-4823 and come meet me.✱



Capie

Haven on Earth Animal League

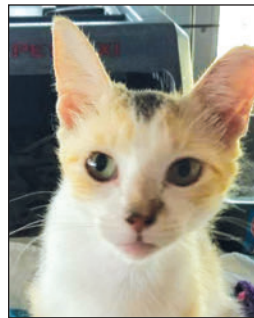
Charlie Brown And Paige

Hil I'm Charlie Brown. I am a handsome, 4-year-old male tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.



Charlie Brown

female kitty, not even 2 years old. I am very affectionate, and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom and am not real crazy about the other cats in the house, so I would like to be an only cat. My adoption fee is \$75.



Paige

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.✱

Lee County Domestic Animal Services

Yara And Mr. Robinson

Hello, my name is Yara. I am a 5-year-old female hound mix with a beautiful brindle color and the sweetest eyes that you can look into and see a forever friend. I have a delightful attitude which makes me a wonderful companion. I did well in playgroup and would love to have another canine friend at home. Once you meet me, you are sure to fall instantly in love. My adoption fee is \$75.



Yara ID# A747898

Hi, I'm Mr. Robinson. I am a 3-month-old male domestic shorthair kitten. I have an alluring white color with an adorable pink nose. Kittens love to play so having plenty of toys will keep me entertained. With the two-for-one special, you can take home a feline friend for me to always have a friend to play with.

My adoption fee is \$10.

Adoption fees will be reduced for the entire

month to just \$10 each day for a different "cat-egory:" Manly Mondays – all male cats; Tabby Tuesdays – all tabby cats; Woman Wednesdays – all female cats; Tuxedo Thursdays – all black and white cats; Flashy Fridays – highlighting long-term residents; and Stately Saturdays – all senior cats. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. That package is valued at \$500. The team of volunteers and staff are waiting to introduce a new family member to their forever home. Stop by the adoption center 10:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive in Fort Myers. Visit www.leelostpets.com to see pets available for adoption. Make sure you check the website to be sure pets are still available.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✱



Mr. Robinson ID# A744625



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

SEEING THINGS

- ACROSS**

1 Brand of taco shells

7 Serapes, e.g.

13 Holders of strike signs

20 Film critic Richard

21 Social outcast

22 Be given via will

23 "Get Smart" device for a secret conversation

25 All excited

26 One using a plus sign

27 Rose Bowl sch.

28 Mario Lanza, for one

30 Hands over

32 Classmate

38 People swearing

42 Actress Reid and skater Lipinski

43 Barrett of gossip columns

44 1990s IBM computer
- 45 Give out, as a task

47 Helps out

50 Withholding corporal punishment, biblically

52 Baja naps

53 Holiday in Hanoi

54 Oven output

55 Imitated

56 Top pitcher

57 Mag revenue source

61 Get bloated

65 Leaps over

67 PBS series featuring documentary films

70 — tank

73 Keyboard instruments

74 Avers

78 Gardner of the screen

79 Biblical king before David

81 Join closely

83 Historic time

84 Like some snakelike fish

86 High-definition iPad feature
- 92 Faux names

93 Puts up, as an edifice

94 Arrive at a choice

95 City near Lake Tahoe

96 Watson's partner

97 Popping-up appliance

98 "Under the Net" novelist

102 Shovel go-withs

104 "Cheerio!"

105 High wind

106 Private stash

111 Provides

115 Punny statement about six key words in this puzzle

119 Soon-to-be bride

120 Salary maker

121 Artemis' twin

122 Stretching muscles

123 With 32-Down, event with a funnel cake stand, often

124 Unit of force
- DOWN**

1 Sea menace

2 Big crucifix

3 Take care of

4 Sword sort

5 1936-52 British king

6 "Woof!" kin

7 Mace, e.g.

8 Recital sites

9 Locale

10 Finish at #1

11 Body of eau

12 Kind of pony or sheepdog

13 Keyboard instrument

14 Being pulled

15 Bird's sound

16 Actor Wahl

17 Unit of work

18 "Shop — you drop"

19 — Jeanne d'Arc: Abbr.

24 RAV4s, e.g.

29 Golf's Ernie

31 Persia, now

32 See 123-Across

33 As a result

34 "Mila 18" author Leon

35 USPS part

36 Unbroken

37 Damsels

38 — pall over
- 39 Elevated

40 Sports data

41 Knightly title

42 Mao of China

45 Had food

46 One forming something

47 Cleo's cobra

48 Kitchen tools

49 Car types

51 Indian butter

55 Liable

58 Indy area

59 Licoricelike flavorers

60 Music box?

62 Agcy. OK'ing medicines

63 "Dudley Do-Right" damsel Nell

64 Not mailed, say

66 Exercise

68 D.C. figure

69 Alan of film

70 African hunt

71 More sinful

72 Some Italian sandwiches

75 Kindled again

76 Vocation

77 Singer Leo

80 Sub inits.

82 — Cruces
- 85 Its capital is Vientiane

86 Puts on a new course

87 Actor Close

88 Cal —

89 Big star, say

90 Picture of an ocean view

91 Mac rivals

96 String after B

97 Track beams

99 — Polo

100 Cow's milk source

101 Gets higher

102 Wage recipient

103 At the ready

105 Unit of heredity

107 State boldly

108 Old Briton

109 Hawaii County seat

110 Rival school of Harrow

111 Not fore

112 "Bah!"

113 Groupie, e.g.

114 Come- — (shills)

116 Sombrero, for example

117 Be wrong

118 Sci-fi's Solo

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15	16	17	18	19	
20							21							22							
23							24							25							
26							27					28	29								
				30	31					32	33						34	35	36	37	
38	39	40	41						42								43				
44								45	46						47	48	49				
50							51								52						
53							54						55					56			
57				58	59	60			61		62	63	64			65		66			
				67				68							69						
70	71	72						73							74				75	76	77
78					79		80					81		82					83		
84				85					86	87	88					89	90	91			
92									93							94					
95								96						97							
98					99	100	101						102	103							
					104							105					106	107	108	109	110
111	112	113	114						115	116	117					118					
119									120							121					
122									123							124					

King Crossword

- ACROSS**

1 Pooch's tormentor

5 Listener

8 Stocking feature

12 Fat

13 "Born in the —"

14 Big brass instrument

15 Surrounded by

16 Place to get a slice

18 Exile

20 Round numbers

21 LummoX

23 Type measures

24 Germs

28 Pierce

31 Lubricant

32 Old phones have them

34 "I — Camera"

35 Fall heavily

37 Standards

39 Caribbean, e.g.

41 Calendar quota

42 From what place

45 Naiads and dryads

49 Panic

51 Pelvis bones
- 52 Thought

53 Understood

54 Bird's home

55 Sent back (Abbr.)

56 Individual

57 Relaxation

7 Bronx cheer

8 Backs of boats

9 Chunnel

10 Irish Rose's beau

11 "Serpico" author Peter

17 Last letter

19 Coaster

22 Journal with a lock

24 Jazz style

25 Have a bug

26 Not widely spaced

27 Estrange

29 French friend

30 Sheep's call

33 Remain

36 Group of five

38 Winter weasel

40 High card

42 Sound of spinning

43 Jekyll's bad side

44 Therefore

46 Entreaty

47 Snake's sound

48 Fully fill

50 Charged bit

MAGIC MAZE • CARD GAMES

X T Q B N J F G C Z W T Q N J
G (S O L I T A I R E) K O P D A
X P U A R O L J S L G G D A X
V A S C P N A K I H F D C A X
V D S K Q T O L J C H E I C A
X E I J S V T R P O N L J R H
F S D A B T Y X V N T T Y R B
P O N C M M R F K I S I M G E
D A I K B D Z A X P I W M U T
C R G Q O N L R E R H C U E L
J I G F D K O O R H W C R A Y

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Blackjack

Canasta

Euchre

Faro
- Fish

Gin

Hearts

Old Maid
- Pinochle

Poker

Rook

Rummy
- Solitaire

Spades

Whist



"Go easy on that stuff, Dad — last time
I almost got _____."
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Blob

GLUEB

Notable

TELAINS

Bloom

LOFTER

Shy

TOMEDS

TODAY'S WORD

1	8				6			2
		3		5			6	
	7		8	4		3		
		4		3			2	
2			5			4		
	5				4	1		6
		1			3		5	
4		8	7			6		
	9			8			3	7

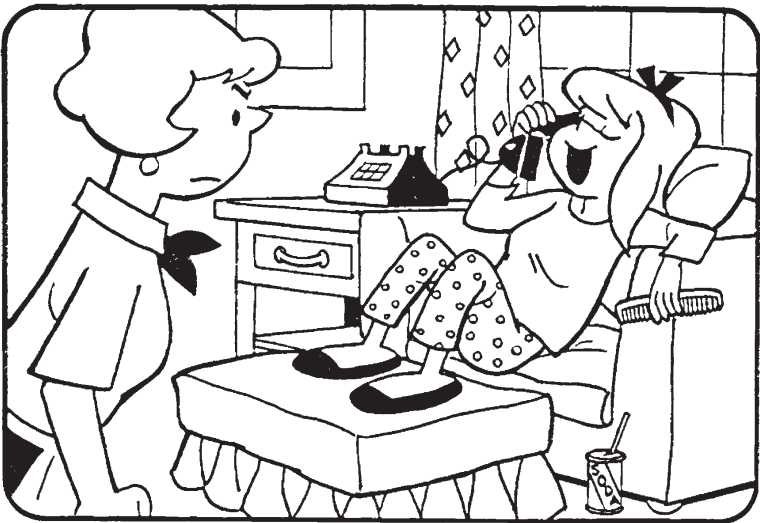
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

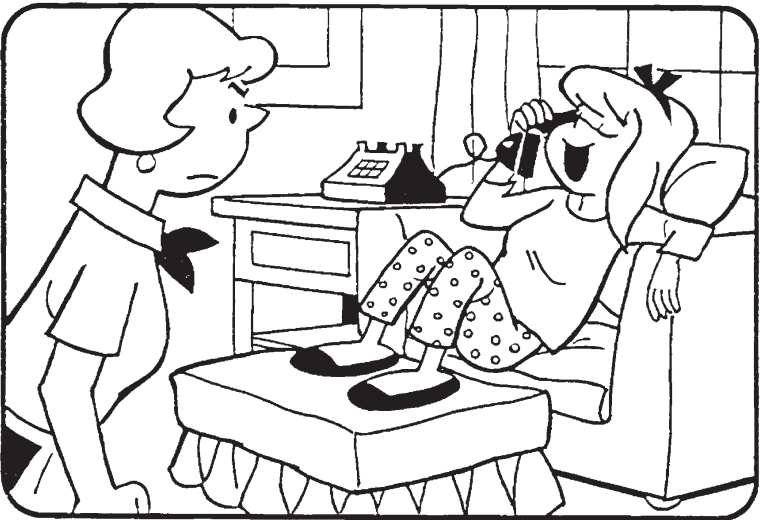
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hair is different. 2. Sleeve is shorter. 3. Handle is missing. 4. Curtain is different. 5. Comb is missing. 6. Soda can is missing.



Mushrooms Stuffed With Feta And Spinach
8 ounces bacon slices
1 cup chopped onion
1 10-ounce package chopped frozen spinach, thawed, squeezed dry
4 ounces feta cheese, crumbled (about ¾ cup)
4 ounces cream cheese, room temperature
¼ teaspoon dried crushed red pepper
2¾ pounds button mushrooms stemmed, (about 48; each about 1½ inches diameter)
Preheat oven to 375 degrees F. Cook bacon in heavy, large skillet until crisp, about 8 minutes. Transfer bacon to paper towels to drain. Coarsely crumble bacon. Discard all but ¼ cup plus 2 teaspoons bacon fat (adding olive oil if necessary to equal that amount).

Heat 2 teaspoons reserved bacon fat in heavy medium skillet over medium heat. Add chopped onion and sauté until tender, about 5 minutes. Transfer to medium bowl and cool; mix in bacon, spinach, feta, cream cheese, and crushed red pepper. Season filling to taste with salt and pepper.
Line 2 large rimmed baking sheets with foil. Toss mushrooms and reserved ¼ cup bacon fat in large bowl to coat. Sprinkle mushrooms with salt and pepper. Place mushrooms, rounded side down, in single layer on prepared baking sheets. Bake mushrooms until centers fill with liquid, about 25 minutes. Turn mushrooms over. Bake mushrooms until brown and liquid evaporates, about 20 minutes longer. Turn mushrooms over again. Spoon 1 heaping teaspoon filling into each mushroom cavity. (Filled mushrooms can be prepared 1 day ahead. Cover and refrigerate.)
Preheat oven to 375 degrees F. Bake mushrooms until heated through, about 10 minutes. Transfer mushrooms to platter and serve warm.
Yield About 48.*



Mushrooms Stuffed With Feta And Spinach photo courtesy Fresh From Florida

	FRIDAY Sunny High: 89 Low: 79		SATURDAY Mostly Cloudy High: 92 Low: 81		SUNDAY Mostly Cloudy High: 88 Low: 78		MONDAY Sunny High: 89 Low: 79		TUESDAY Mostly Cloudy High: 91 Low: 77		WEDNESDAY Few Showers High: 88 Low: 78		THURSDAY Mostly Sunny High: 89 Low: 79
--	--	---	--	---	--	---	--	---	---	---	---	---	---

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	5:58 am	12:47 pm	7:28 pm	None	Fri	5:03 am	12:49 pm	6:33 pm	None	Fri	6:14 am	12:02 am	6:59 pm	12:44 pm	Fri	8:08 am	2:44 am	9:38 pm	4:03 pm
Sat	6:43 am	12:03 am	9:20 pm	2:09 pm	Sat	5:48 am	12:05 am	8:25 pm	2:11 pm	Sat	6:48 am	12:38 am	7:45 pm	1:41 pm	Sat	8:53 am	3:19 am	11:30 pm	5:25 pm
Sun	7:38 am	12:45 am	11:12 pm	3:28 pm	Sun	6:43 am	12:47 am	10:17 pm	3:30 pm	Sun	7:22 am	1:19 am	8:33 pm	2:39 pm	Sun	9:48 am	4:01 am	None	6:44 pm
Mon	8:42 am	1:42 am	None	4:35 pm	Mon	7:47 am	1:44 am	11:31 pm	4:37 pm	Mon	7:57 am	2:08 am	9:29 pm	3:36 pm	Mon	1:22 am	4:58 am	10:52 am	7:51 pm
Tue	12:26 am	2:56 am	9:49 am	5:30 pm	Tue	8:54 am	2:58 am	None	5:32 pm	Tue	8:35 am	2:57 am	10:51 pm	4:38 pm	Tue	2:36 am	6:12 am	11:59 am	8:46 pm
Wed	1:11 am	4:06 am	10:49 am	6:16 pm	Wed	12:16 am	4:08 am	9:54 am	6:18 pm	Wed	9:40 am	3:50 am	None	5:48 pm	Wed	3:21 am	7:22 am	12:59 pm	9:32 pm
Thu	1:43 am	5:02 am	11:39 am	6:54 pm	Thu	12:48 am	5:04 am	10:44 am	6:56 pm	Thu	12:49 am	5:15 am	11:28 am	6:50 pm	Thu	3:53 am	8:18 am	1:49 pm	10:10 pm

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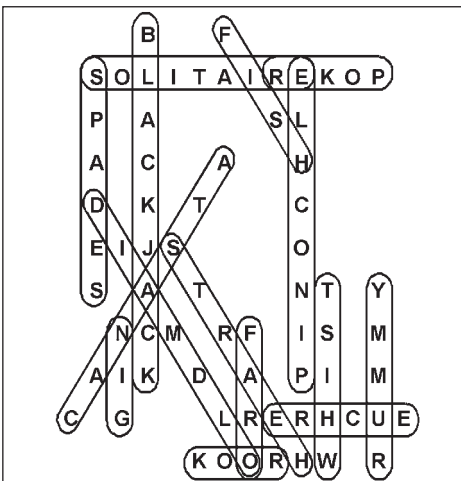
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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7	2	1	9	6	3	8	5	4
4	3	8	7	2	5	6	9	1
5	9	6	4	8	1	2	3	7

My Stars ★★★★★
FOR WEEK OF AUGUST 20, 2018

Aries (March 21 to April 19) Impatience with those who don't keep up with you can cause resistance, which, in turn, can lead to more delays. Best to be helpful and supportive if you want results.

Taurus (April 20 to May 20) A surprise announcement from a colleague could put you on the defensive. Gather your facts and respond. You'll soon find the situation shifting in your favor.

Gemini (May 21 to June 20) Time spent away from a project pays off with a new awareness of options you hadn't considered before. Weigh them carefully before deciding which to choose.

Cancer (June 21 to July 22) Consider confronting that personal conflict while there's still time to work things out. A delay can cause more problems. A longtime colleague might offer to mediate.

Leo (July 23 to August 22) Some emerging matters could impede the Lion's progress in completing an important project. Best advice: Deal with them now, before they can create costly delays.

Virgo (August 23 to September 22) Your aspect continues to favor an expanding vista. This could be a good time to make a career move, and taking an out-of-town job could be a good way to do it.

Libra (September 23 to October 22) Disruptive family disputes need to be settled so that everyone can move on. Avoid assuming this burden alone, though. Ask for -- no, demand -- help with this problem.

Scorpio (October 23 to November 21) Patience is called for as you await word on an important workplace situation. A personal circumstance, however, could benefit by your taking immediate action.

Sagittarius (November 22 to December 21) Don't lose confidence in yourself. Those doubters are likely to back off if you demand they show solid proof why they think your ideas won't work.

Capricorn (December 22 to January 19) A temporary setback might cause the usually sure-footed Goat some unsettling moments. But keep going. The path ahead gets easier as you move forward.

Aquarius (January 20 to February 18)

There's welcome news from the workplace. There also could be good news involving a relationship that has long held a special meaning for you.

Pisces (February 19 to March 20) You might still need to cut some lingering ties to a situation that no longer has the appeal it once held. In the meantime, you can start to explore other opportunities.

Born This Week: Your sense of what's right can inspire others if you remember not to push too hard to make your case. Moderation works best for you.

THIS WEEK IN HISTORY

• On Aug. 24, 1814, during the War of 1812, British forces overwhelm American militiamen and march unopposed into Washington, D.C. Most congressmen and officials had already fled. The British officers dined that night at the deserted White House as the British troops began setting the city aflame.

• On Aug. 25, 1835, the first in a series of six articles announcing the discovery of life on the moon appears in the *New York Sun* newspaper. "The Great Moon Hoax" described evidence of life forms including unicorns and winged humanoids resembling bats.

• On Aug. 20, 1911, a dispatcher in The *New York Times* office sends the first telegram around the world via commercial service. The message was relayed by 16 different operators and came back to the original dispatcher 16.5 minutes later.

• On Aug. 23, 1904, Harold Weed of Canastota, New York, is issued U.S. Patent No. 768,495 for his "Grip-Tread for Pneumatic Tires," a nonskid tire chain to be used on automobiles in order to increase traction on slick roads. He drew inspiration from the habit of local motorists who wrapped rope around their tires.

• On Aug. 26, 1959, the British Motor Corporation launches its newest car, the small, affordable \$800 Mark I Mini. The diminutive Mini went on to become one of the best-selling British cars in history.

• On Aug. 21, 1987, *Dirty Dancing*, starring Patrick Swayze, opens in theaters. The film was a surprise box-office hit and turned Swayze into a Hollywood star.

• On Aug. 22, 1992, in the second day

of a standoff at Randy Weaver's remote Idaho cabin atop Ruby Ridge, an FBI sharpshooter wounds Weaver and Kevin Harris, and then kills Weaver's wife, Vicki, who was in a doorway holding her infant daughter.

STRANGE BUT TRUE

• It was 18th-century French writer Sebastien Nicolas de Chamfort who made the following sage observation: "Conscience is a dog that does not stop us from passing but that we cannot prevent from barking."

• You might be surprised to learn that famed British author Aldous Huxley, best-known for his dystopian novel *Brave New World*, was a consultant on Disney's 1951 animated film version of *Alice in Wonderland*.

• If you bring to mind an image of John Lennon, more likely than not you'll see him in your mind's eye wearing a pair of round spectacles. In July 2007, a single pair of those iconic glasses was sold at auction for a whopping \$2 million.

• The tongue of the alligator is fastened to the jaw all the way around. That's why you'll never see a gator stick out its tongue.

• You might be surprised to learn that the kilt originated not in Scotland, but in France.

• You probably know that certain species of snakes can grow to enormous size, with the longest specimens reaching upward of 30 feet in length and the heaviest weighing more than 400 pounds. Kind of makes you wonder what these monstrous serpents eat -- and you might be surprised. According to reports, a pet python named Houdini swallowed a queen-size electric blanket. Even more amazingly, after a two-hour operation, the snake lived!

• Those who track radio statistics say Led Zeppelin's *Stairway to Heaven* is the most-requested song in the United States -- and this despite the fact that it was never released as a single on this side of the Atlantic.

THOUGHT FOR THE DAY

"There's no secret about success. Did you ever know a successful man who didn't tell you about it?" -- Kin Hubbard

SCRAMBLERS

1. Bulge; 2. Salient;
3. Floret; 4. Modest

Today's Word
FROSTBITE

TRIVIA TEST

1. **Movies:** Who directed the movie "La Dolce Vita"?
2. **Geography:** Where is the famous Olduvai Gorge located?
3. **Mythology:** Tyr was a Norse god of what?
4. **MUSIC:** What pop group sang "Love Shack"?
5. **Presidents:** How old was Theodore Roosevelt when he was inaugurated?
6. **Science:** In what century was Isaac Newton born?
7. **History:** When was the last year the Dodgers played in Brooklyn?
8. **General Knowledge:** What is the symbol of the zodiac sign Scorpio?
9. **Language:** What does the Greek prefix "speleo" mean?
10. **Measurements:** How many bottles of champagne are in a jeroboam?

TRIVIA ANSWERS

1. Federico Fellini 2. Tanzania 3. War 4. The B-52s 5. 42 6. 17th century 7. 1957 8. Scorpio 9. Cave 10. Four

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

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7/13 ★ TFN

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6/29 ★ 9/14

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

2B/1BA
\$900 plus utilities.
Call 603-801-1994.

8/3 ★ 8/24

SANIBEL ANNUAL RENTAL

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.

7/27 ★ TFN

A+ ANNUAL RENTALS ON SANIBEL!

2/1 apt on quiet Main Street. 1,800/mo Dogs okay.
2/2 apt on Sand Pebble. 2,000/mo Dogs okay.
Call Bridgit @ 239.728.1920

8/10 ★ TFN

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

BAY FRONT – 2/2 den F. condo. \$3,200/mo.
Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo.
Gorgeous, Custom home, 3/3.5 F. home, steps to beach, High end everything. \$6,000/mo.
Ft. Myers, This UF 1/1 condo. pool/ Tennis, 5 min. to causeway. \$900/mo.

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8/17 ★ 8/24

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8/17 ★ TFN

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3BR/2B Annual Rental \$2,700 month. Furnished, two car garage. Ground level, no stairs, 3 miles from school near Ding Darling.
239-770-5568. Call in evening.

8/17 ★ 9/7

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8/10 ★ 8/17

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3/2 ★ TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

From page 1

CROW

and white pelicans, plus a craft activity using recycled materials will be offered. Florida's Furry Friends – A special presentation on animals found throughout the Sunshine State, plus a craft activity using recycled materials will be offered. Additional encounters with live animals and members of CROW's veterinary team, along with some wildlife-related games for kids, are also planned.

"We think it's gonna be a really fun time, teaching people how to coexist with animals and, if they're found sick or injured, what to do," added Urasky. "It'll be a fun day for the whole family."

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Parking fees will apply. For additional information, visit www.crowclinic.org.

Bonita Chamber Awards Two Scholarships

The Bonita Springs Area Chamber of Commerce Foundation recently announced the two winners of its annual Ralph A. Richardson Scholarship were Elia Angeles and Zachary Clark, both 2018 graduates of Estero High School.

"We are honored to have the opportunity to continue to support our future workforce through scholarships from the Ralph A. Richardson endowment," said Foundation President and CEO Tiffany Esposito. "Our community's future economic success is dependent upon the bright young minds of people like Elia and Zachary, and we are thrilled to support them in their higher education attainment."

Angeles will attend Florida Gulf Coast University in the fall and would like to become a Lee County elementary school teacher upon graduation. In high school, she held leadership roles with JROTC and volunteered her time with both New Horizons and students with special needs.

Clark will attend the University of Florida in the fall and would like to start his own business. He graduated from Estero High School's Cambridge/AICE program, and participated in many student

organizations, including the Environmental Club.

To support the chamber foundation's mission, purchase a ticket for the September 12 Stock Your Cellar Wine Tasting Fundraiser at Bonita Bay Club. Event proceeds will support the Bonita Chamber Foundation's programs, and tickets can be purchased by visiting www.bonitaspringschamber.com or by calling 992-2943.

Signs That Kids Are Being Bullied And What To Do

More than 43 percent of teens report being bullied online; additionally, teens are more than twice as likely to tell their peers about

bullying than they are to tell parents or other adults, one study found. Victims of bullying and other early trauma often carry emotional scars into adulthood, Dr. Nelson, author of the bestselling book *The Emotion Code*, explains in a short video at www.youtube.com/watch?v=qcRV6FAFjRM.

"Many kids who are victimized by bullying don't ask for help because they are afraid of being seen as weak or a tattletale, or fear backlash from the bully or rejection by friends," Dr. Nelson said. "As a result, parents are often the last ones to know."

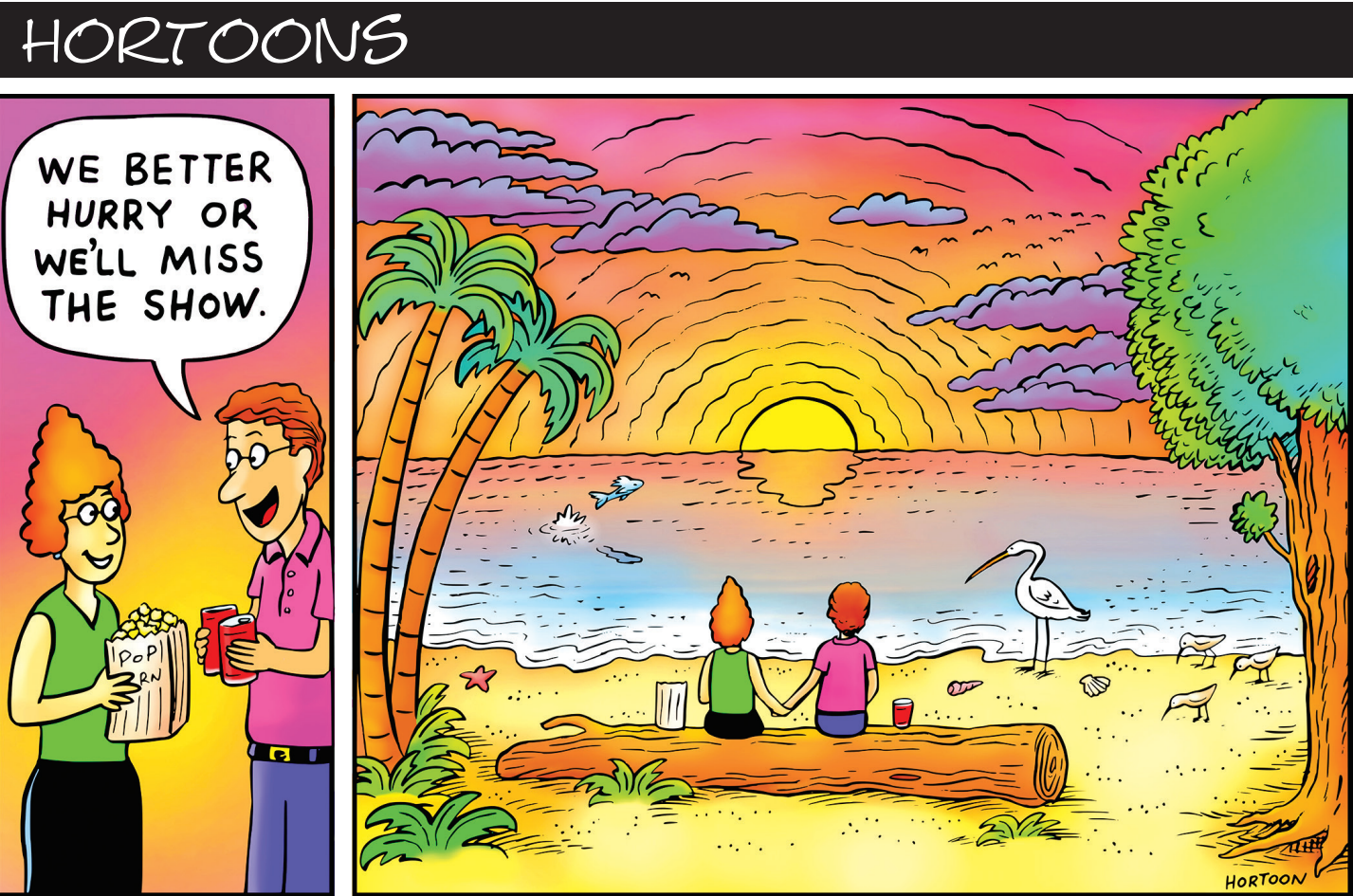
Twelve warning signs parents should watch for:

1. Emotional upset, anxiety and depression
2. Frequent headaches and stomach aches
3. Faking illness
4. Unexplainable injuries

5. Changes in eating habits
6. Poor sleep/frequent nightmares
7. A drop in school performance
8. Not wanting to go to school
9. Sudden loss of friends
10. Avoidance of social situations
11. Low self-esteem
12. Self-destructive behaviors including self-harm, running away, or talking about suicide

Dr. Nelson explains why some kids become bullies and others can become targets of bullying. He can share how parents can talk with their children to uncover and heal the emotional trauma of bullying, as well as other steps and when to take them.

"Take necessary action with the school and/or the bullies' parents to assure the child's safety," Dr. Nelson said. "Help the child to know that he or she is valued and that it is safe to communicate with you as a parent or a counselor."✱



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Edgewater	Fort Myers	1997	4,677	\$1,799,000	\$1,680,000	175
Costa Amalfi	Miromar Lakes	2013	3,986	\$1,799,000	\$1,750,000	96
Cape Coral	Cape Coral	2014	3,285	\$1,199,000	\$1,165,000	43
Cape Coral	Cape Coral	2006	3,728	\$1,150,000	\$1,100,000	15
Sunset Captiva	Captiva	1980	1,440	\$989,000	\$925,000	124
Cape Coral	Cape Coral	1999	3,361	\$800,000	\$775,000	3
York Manor	Fort Myers	1996	3,600	\$799,000	\$770,800	172
Cape Coral	Cape Coral	1991	2,395	\$749,900	\$737,500	14
The Dunes	Sanibel	1978	2,000	\$749,900	\$740,000	2
Ginger Pointe	Estero	2001	2,635	\$679,000	\$660,000	140



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